



2012 Continuing Education

Friday, January 27, 2012

Geriatric Mental Health Tool Box: Chronic Pain and Depression/Anxiety

Presenters: Ali El-Mohandes, MD; David Gonzalez, MD;
Sue Graff, RN, BSN; Andrea Elliott, RN, BSN
8:30 am – 11:45 am (3 hours)
(8:00 am Check-in & Continental Breakfast)
Location: Brook Lane Community Room Fee: \$ 49.00

Elderly individuals living with chronic pain often suffer from depression/anxiety as well. Successful treatment for coexisting pain and depression is more complicated than the treatment of either condition by itself. Some medications used to treat chronic pain can promote depression while they alleviate pain. Effective outcomes rely on recognition, assessment and treatment of either condition. This seminar will present case studies to illustrate the presence of coexisting chronic pain and depression, the challenges and unique factors that influence assessment and management and therapeutic treatment strategies for optimal success.

Friday, February 24, 2012

Inside the Mind of a Predator/Psychopath Part 1: *Exploring the Dark Side*

Presenter: Fred Natri, MA, LPC, LCPC
8:00 am – 12:15 pm (4 hours)
(7:30 am Check-in & Continental Breakfast)
Location: Brook Lane Community Room Fee: \$ 59.00

This seminar is the first of a two-part series on understanding the mind of the predator. Part 1 will discuss personality traits, symptoms of predatory behavior, diagnostic criteria, assessment of the risk for violence and legal and clinical issues involving treatment of individuals displaying predatory behaviors. Discussion will also include examination of the role of gender in predatory behavior. Frank discussion will include videos of actual case studies.

Friday, March 30, 2012

Inside the Mind of a Predator/Psychopath Part 2: *Forensic Treatment Strategies*

Presenter: Fred Natri, MA, LPC, LCPC
8:00 am – 12:15 pm (4 hours)
(7:30 am Check-in & Continental Breakfast)
Location: Brook Lane Community Room Fee: \$ 59.00

This seminar will present interventions and treatment strategies for individuals who have been diagnosed as a predator and/or psychopath. Information will be shared to help clinicians understand the assessment process, develop effective treatment options, assess risk and recognize legal issues. Frank discussion will include videos of actual case studies.

Friday, April 27, 2012

Women's Mental Health: Unique Challenges

Presenters: Angela Dumitrache, MD & Lynn Dutrow, LCPC
8:30 am – 11:45 am (3 hours)
(8:00 am Check-in & Continental Breakfast)
Location: Brook Lane Community Room Fee: \$ 49.00

Mental illnesses affect women differently than men. Some disorders are more common in women, and some reveal themselves with different symptoms. This seminar will address the unique biological and psychosocial factors that influence the mental health of women. Discussion will include hormonal changes that can affect mood and anxiety, premenstrual dysphoric disorder (PMDD), prenatal, postpartum and menopausal symptoms. Pharmacological and non-pharmacological treatment strategies will be discussed for the management of depression, anxiety and other disorders.

Friday, May 18, 2012

In Recognition of Mental Health Month Psychiatric Pharmacology

Jointly provided by Meritus Health and Brook Lane
8:30 am – 4:00 pm (6 hours)
(8:00 am Check-in & Continental Breakfast)
Location: Robinwood Professional Ctr, Rm 142 Fee: \$ 89.00
Meritus Health Staff & Brook Lane Staff Fee: \$ 59.00
Brook Lane Staff: Submit Training Request form, required documentation and registration form, Brook Lane will handle payment.

This seminar, presented by Jamal Fawaz, M.D. outpatient adult psychiatrist at Brook Lane. will provide a comprehensive review of psychiatric diagnosis and pharmacology as a refresher for mental health practitioners or as preparation for psychiatric licensure examination.

Thursday, June 28, 2012

Anxiety Issues in the Veteran Population

Jointly sponsored with the Martinsburg VA Medical Center
8:30 am – 4:00 pm (6 hours)
(8:00 am Check-in & Continental Breakfast)
Location: Holiday Inn Martinsburg (I-81 exit 13) Fee: \$ 79.00

Veterans Administration: Register in Talent Management System (TMS) via MOC-Anxiety Issues in the Veteran Population. Item ID #2058983. **Brook Lane:** Submit Training Request form, required documentation and registration form, Brook Lane will handle payment.

This seminar will examine the stress and anxiety experienced by military service members and their families and its impact on mental health. Case studies/treatment modalities will be presented to offer strategies for clinicians providing healthcare to veterans.

Seminar Objectives: Define anxiety issues in the Veteran population; describe the effect of anxiety on Veterans and their families; and provide appropriate interventions for anxiety.

For additional information, visit Brook Lane's web site - www.brooklane.org

Friday, September 7 or 21, 2012

Legal and Ethical Issues

Treating Children of Divorce: Custody and Visitation Challenges

Presenters: Dr. J. Emmet Burke, PhD, JD; Dr. David R. Leaman, EdD; The Honorable Dana M. Wright, Judge

8:30 am – 11:45 am (3 hours)

(8:00 am Check-in & Continental Breakfast)

Location: Brook Lane Community Room Fee: \$ 49.00

This seminar will provide 3 hours of continuing education in ethics, law, professional conduct and risk management to satisfy Maryland licensure requirements for social workers and psychologists.

Friday, October 12, 2012

Depression and Addiction in 2012

Jointly provided by Meritus Health and Brook Lane

8:30 am – 4:00 pm (6 hours)

(8:00 am Check-in & Continental Breakfast)

Location: Robinwood Professional Center Newman Auditorium, Suite 142

Save the date! Program details are in the planning phase.

Friday, October 26, 2012

In Recognition of Domestic Violence Awareness Month Domestic Violence: Crisis Intervention, Safety Planning and Technology

Featuring the Maryland Network Against Domestic Violence

Co-provided with CASA, Inc.

8:00 am – 12:15 pm (4 hours)

(8:00 am Check-in & Continental Breakfast)

Location: Brook Lane Community Room Fee: \$ 59.00

This four-hour presentation developed by the Maryland Network Against Domestic Violence (MNADV) is designed to provide professionals with in-depth information about the psychological impact of domestic violence, issues related to victim safety and safety planning, barriers to seeking and receiving help, and the complex legal aspects of domestic violence. Clinicians will increase their knowledge of community domestic violence programs and resources available for their clients.

Friday, November 2, 2012

In Recognition of Alzheimer's Awareness Month

Approaching Alzheimer's: Make Your First Response the Right Response!

Co-provided with Alzheimer's Assn Greater Maryland Chapter

8:30 am – 11:45 am (3 hours)

(8:00 am Check-in & Continental Breakfast)

Location: Brook Lane Community Room Fee: \$ 25.00

Approaching Alzheimer's was developed by the Alzheimer's Association in collaboration with the first responder community to help the community better prepare for responding to this population in an emergency. Content was specifically designed to help health care providers, law enforcement officers, paramedics, fire fighters, disaster relief personnel and community members who may be first responders effectively communicate with cognitively impaired individuals to reach the most positive outcome.

Friday, November 16, 2012

The Teenage Mind: Unraveling the Mystery

Presenter: Susan Corley, LCSW-C

8:30 am – 11:45 am (3 hours)

(8:00 am Check-in & Continental Breakfast)

Location: Brook Lane Community Room Fee: \$ 49.00

Adolescents are one of the more difficult therapy groups to counsel. Much research has been conducted confirming that the teenage and adult brain are not the same and react differently in many situations. This seminar will compare and contrast the adolescent and adult brain and provide practical information to help clinicians better understand the adolescent mind and employ strategies to address defensiveness, attention seeking and risk-taking behaviors.

Friday, December 7, 2012

Loss & Grief:

When Death Comes Unexpectedly

Co-provided with Hospice of Washington County, Inc.

8:30 am – 11:45 am (3 hours)

(8:00 am Check-in & Continental Breakfast)

Location: Brook Lane Community Room Fee: \$ 49.00

The sudden, accidental or traumatic loss of a loved one presents unique and distinct issues and problems for survivors. The grief process comes without forewarning, with sudden impact and often doesn't make sense. This seminar will focus on the distinctive issues surrounding the grieving process when death comes unexpectedly. Clinicians will learn techniques to help clients move through the grieving process in an individualized and productive way.



Professional Continuing Education Credits

Counselors/Therapists: Brook Lane Health Services is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. Brook Lane is solely responsible for all aspects of the program. Partial credit is not permitted.

Social Workers: Brook Lane Health Services is an approved sponsor of the Maryland Board of Social Work Examiners for Category 1 continuing education credits for licensed social workers in Maryland. Partial credit is not permitted.

Psychologists: The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Work Examiners. Partial credit is not permitted.

Nurses and Other Healthcare Professionals: A certificate of completion noting the number of educational/contact hours will be provided to apply for CE credit as an individual. 2-2012

Many of our seminars are funded in part
by the William B. and Sylvia A.
Hunsberger Fund