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REPORT to the
COMMUNITY
 2015

A MESSAGE FROM THE BOARD OF DIRECTORS AND CEO ...

ALONG WITH PHYSICAL HEALTH AND SOCIAL WELL-BEING, MENTAL HEALTH IS AN ESSENTIAL PART OF A HEALTHY COMMUNITY; BROOK LANE HAS PROVIDED MENTAL HEALTH SERVICES FOR OVER 66 YEARS AND CONTINUES TO WORK HARD TO PROVIDE SERVICES THAT A CHANGING COMMUNITY REQUIRES.



R. Lynn Rushing, CEO

During the past year we have expanded inpatient beds in the hospital for children and adolescents; we are the only local hospital that provides inpatient services for children and adolescents with mental health issues. In our outpatient area, we have created a Rapid Access Program to guarantee an appointment with a therapist within 24-48 hours of request. For the third year, Brook Lane received a grant to provide therapy services in the Washington County Public Schools, expanding care to all the middle and high schools in the county. To tend to the spiritual needs of our clients, we have received grants to hire two part-time chaplains to provide counsel and life skill training at the hospital, school and residential home.

We have begun expansions at our North Village office to move the THRIVE program into a larger space. This program concentrates on social skills needed for children, and adolescents with symptoms associated with Asperger's, Autism and developmental disorders. There are over 400 children/adolescents in this program. An additional expansion is being constructed in the Frederick outpatient office.



Rev. Ray Geigley, Board Chair

Our Foundation has worked tirelessly to raise additional dollars for all of our programs. We thank them and all of our generous donors for their support. Over the past year, our monthly continuing educational seminars have provided quality topics to keep local mental health professionals knowledgeable.

Please take a few minutes to read through our 2015 report; it will give you a snapshot of the work and vital services that we provide. We are grateful for your interest in our work and for the partnerships that we have with other health care providers, schools systems, local businesses, church constituents, donors and the general public.



Vision

A healthier community strengthened by comprehensive behavioral health services.

Mission

To help individuals improve their emotional and behavioral well being through education and treatment.

FINANCIAL STATEMENT & NOT-FOR-PROFIT STATUS FINANCIAL STATEMENT 2014 -2015

Revenues	
Patient Services	\$20,294,933
Educational Services	\$ 5,060,010
Residential	\$ 923,957
Other	\$ 240,076
TOTAL	\$ 26,518,976

Expenses	
Salaries & Wages	\$16,081,975
Employee Benefits	\$ 3,889,058
Supplies	\$ 1,323,789
Contractual Services	\$ 910,177
Facility Expense	\$ 1,706,928
Depreciation & Amortization	\$ 575,540
Interest	\$ 89,313
General & Administrative	\$ 1,173,892
TOTAL	\$ 25,750,672

Charity Care	
Charity Care	\$ 660,127
TOTAL	\$ 660,127

BROOK LANE HEALTH SERVICES – NUMBER OF ADMISSIONS FY 2014 - 2015

Program	2014 - 2015
Inpatient	
Child & Adolescent	689
Adult	606
TOTAL	1,295
Outpatient	
Child & Adolescent	3,646
Adult	3,178
TOTAL	6,824
Partial Hospitalization Programs	
Child & Adolescent	493
Adult	175
TOTAL	668

BROOK LANE HEALTH SERVICES SPECIALIZED SERVICES – NUMBER OF ADMISSIONS FY 2014 - 2015

Program	Children/Adolescents FY 2014-2015
THRIVE	420
Laurel Hall Schools	121
Stone Bridge Transitional Care Home	33
TOTAL	574

BROOK LANE LOCATIONS:

Main Campus - Hagerstown

- Adult Partial Hospitalization Program
 - Child & Adolescent Partial Hospitalization Program
 - Inpatient • Laurel Hall School
 - Outpatient Services • Stone Bridge
- 13121 Brook Lane
Hagerstown, MD 21742

North Village - Hagerstown

- Outpatient Services • THRIVE
- 18714 North Village
Hagerstown, MD 21742

Buckeystown Pike - Frederick

- Outpatient Services
- 5301 Buckeystown Pike Suite 170
Frederick, MD 21703

Mack Avenue - Frederick

- Child & Adolescent Partial Hospitalization Program
 - Laurel Hall School
- 4540 Mack Avenue
Frederick, MD 21703

301.733.0330 • 800.342.2992

www.brooklane.org

Inpatient

Short-term hospitalization for children, adolescents and adults.

Outpatient

Therapeutic intervention to individuals of all ages in need of initial assessment or follow-up support.

Partial Hospitalization Programs

Intensive psychotherapeutic treatment day program for children, adolescents and adults.

THRIVE

Group therapy program for children and adolescents to learn coping and social skills.

Laurel Hall School

Therapeutic school for students with emotional/behavioral challenges.

Stone Bridge

Licensed respite program for children and adolescents in crisis.

WHY WE DO WHAT WE DO

NOTES FROM CLIENTS ...

My husband was sleeping more, but the days were shorter and there wasn't much sunshine, so I thought, it is just the change in the season. Then one morning when we were getting ready to go to work he says to me, "I can't do this anymore, I can't deal with all the changes at work and today they are giving me another responsibility."



I asked him if he wanted to call in sick, he said, I think I need to go to the hospital. When I took him to the emergency room, an evaluation was done. When the therapist said, "you have just been doing too much for too long," I knew then we were in a deep depression. When he was asked if he felt he should be in the hospital, my husband said yes.

My husband was admitted to Brook Lane by afternoon and was there for five days and then to the Partial Hospitalization program for another week. He said it was his retreat from life, and that is exactly what it was. He was able to sort out issues, discuss coping skills and return to his medications that he had stopped taking. After hospitalization, therapy sessions were continued until he returned to his old self.

The important thing is that he knew he needed help and was able to get that help. So often we are afraid to talk about mental illness; people will openly talk about cancer, heart disease and other diseases. Mental illness is just a disorder of the brain that requires care. I found it interesting that the entire time that my husband was off work, his employer, with whom he had worked for over 30 years, never sent a card or flowers. I am sure if he had had a heart attack there would have been support. They just didn't know how to respond to someone who was having a brain attack.

*Thank you Brook Lane for your care and support!
~ a Grateful Wife*



"I am writing to tell you how much the THRIVE program at Brook Lane has meant to my family. My ten year old daughter has made incredible strides through her participation in individual therapy, group therapy and her visit with the doctor. The coordination of her care has made a huge impact on her maturing and becoming a more responsible and confident young lady; she has always struggled academically and this past year, she made the honor roll at her school for the first time. I have no doubt that this was possible largely because of her involvement with the THRIVE program."

– Parent

"The support and encouragement we have received from Brook Lane has been incredible; it has given us hope again. The kindness and patience they showed us, made us feel so comfortable. The positive and professional manner in which they have counseled our family has helped us to understand our daughter better and as a result, we are better parents."

– Patient's Family



A MESSAGE FROM THE BROOK LANE FOUNDATION CHAIR ...

The Brook Lane Foundation is a not for profit organization that's sole purpose is to provide monetary support to projects and programs at Brook Lane. Our volunteer board, along with Brook Lane staff, identifies and engages donors about the work of Brook Lane and how they can be involved. We are responsible for managing all donations given through the Foundation.



Brenna Ranieli, Chair

Through the generosity of our community, the Foundation has been able to assist with the construction costs of the fourteen bed expansion of the hospital, and the renovation of the new space for the THRIVE program. We have provided funds for field trips for the residential program, purchased new exercise equipment for the adult inpatient unit and provided Christmas gifts for clients on Christmas Day.

Funding has also been received to expand the pastoral care program; one grant provides funding for a part time chaplain for our Frederick Partial Hospitalization Program and Laurel Hall School. Another grant has provided a part-time chaplain for all the programs on our main campus.

Our 2nd "On Your Mark, Get Set, GLOW" event was held in August with over 350 runners/walkers. This is a great fun event and raises money for Brook Lane Programs. We hope you will be able to join us again next year, the first Friday in August at Marty Snook Park. Sponsorship packages are available!

On behalf of the Board of Directors and the entire Brook Lane community, thank you, for your support. Your kindness has enhanced the lives of many who are dealing with mental illness.



Thank you to our Generous donors!

We have carefully reviewed the names listed.

If you find an error, please contact the Development office.

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