



Continuing Education Seminar

Smart but Scattered Adults - Manage ADHD by Targeting Executive Skills

Friday, January 19, 2024 ■ 8:30 am – 11:45 am (3 hours)

Log on and Check in: 8:00 am - 8:30 am

Many adults with ADHD fail to finish college, hold down a job, progress in their career, or maintain satisfactory relationships with friends and family—even when they are highly motivated. What's getting in the way is not their unwillingness or resistance to change, but weak executive skills. In this training, author and expert, Peg Dawson, EdD, NCSP, will provide you with cutting-edge neuroscience on executive functioning and practical strategies to help adults with ADHD overcome obstacles presented by weak executive skills.

At the conclusion, attendees should be able to:

- Understand the impact of ADHD on brain functioning
- Use assessment tools to help clients better use their executive skills
- Learn skills to help adults with ADHD control emotions, manage their everyday lives, and get things done
- Use key strategies to help ADHD clients cope with weak executive skills
- Develop strategies for improving executive skills at home, in relationships, and in the workplace

Featuring: Peg Dawson, EdD, NCSP

Peg Dawson, EdD, NCSP, received her doctorate in school/child clinical psychology from the University of Virginia. She worked as a school psychologist for 16 years in Maine and New Hampshire, and since 1992 has worked at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she specializes in the assessment of children and adults with learning and attention disorders. She is the author of numerous articles and book chapters on a variety of topics, including retention, ability grouping, reading disorders, attention disorders, the sleep problems of adolescents, the use of interviews in the assessment process, and homework. Along with her colleague, Dr. Richard Guare, she has written several books for parents and professionals on the topic of executive skills, including *Smart but Scattered* and *Smart but Scattered Teens*. Peg is the 2006 recipient of the National Association of School Psychologists' Lifetime Achievement Award.

Zoom Seminar

A link and instructions to join the seminar will be emailed to registrants the week of the seminar.

Continuing Education Credits

Maryland Social Workers: Brook Lane is authorized by the Board of Social Work in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units and provides 3.0 credit hours; partial credit will not be awarded.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the State Board of Social Worker Examiners in Maryland; partial credit will not be awarded.

Counselors/Therapists: Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 3 clock hours; partial credit will not be awarded.



Other Professionals: A certificate of completion noting the number of educational/contact hours will be provided.

This program is funded in part by the William B. and Sylvia A. Hunsberger Fund.

How To Register

Online at www.brooklane.org and search for this seminar under *Upcoming Events* or you may complete the reverse side.

Seminar Fee: \$85.00 (includes 3 CEUs)



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Date: Friday, January 19, 2024

Featuring: Peg Dawson, EdD, NCSP

Location: Zoom

Fee: \$85.00 per person

Time: Log on/Check in: 8:00 am-8:30 am ■ **Training:** 8:30 am-11:45 am (3 CEUs)

Please Print Clearly

First Name: _____ Last Name: _____

Email (*required for registration): _____

Address: _____

City: _____ State: _____ Zip: _____

Contact Phone #: _____

Discipline: [] Social Worker [] Counselor [] Psychologist [] _____

Payment Information

Payment Method: [] Check # _____ (Make checks payable to Brook Lane) [] Credit Card

Cardholder Name: _____

Cardholder Address (if different than above): _____

Account No: _____ Expiration Date: _____

Cardholder Signature: _____ CVV Code: _____

To Register

Visit **www.brooklane.org** and search for the seminar under **Upcoming Events**

OR

Complete this form and mail with payment to:

Brook Lane
Attn: Curt Miller
13121 Brook Lane
Hagerstown, MD 21742

Cancellation Policy

To receive a refund, cancellations must be received in writing no later than one week prior to the seminar (5:00 pm on Friday, January 11, 2024.) No refunds will be made after that date or for no-shows on the day of the seminar. A \$10.00 processing fee applies to all cancellations.

Questions?

Contact Curt Miller, Community Relations and Education Manager at curt.miller@brooklane.org or 301-733-0331 x1228.