



# Continuing Education Seminar

## The Everyday Mind - Interplay of Stressors and Psychological Impact

Thursday, October 26, 2023 ■ 8:30 am – 11:45 am (3-hours)

Check-in & Continental Breakfast: 8:00-8:30 am

Tailored for child-serving social workers, therapists, and psychologists, this presentation provides a comprehensive exploration of the child and adolescent brain, alongside the profound impacts of anxiety, depression, and trauma on its development. Attendees will delve into developmental milestones and critical periods shaping cognitive and emotional growth. This knowledge will be the foundation for discussion on the intricate interplay between psychological stressors and neural architecture, influencing emotional resilience and cognitive pathways. The presentation will not only facilitate analytical insights but also foster collaborative discussions, encouraging participants to apply their understanding through case studies and practical scenarios. Ultimately, attendees will gain actionable insights to enhance their intervention strategies and positively influence the well-being of the youth they engage with.

### At the conclusion, attendees should be able to:

- Possess a thorough grasp of developmental milestones and critical periods shaping the child and adolescent brain.
- Develop the ability to critically analyze how anxiety, depression, and trauma impact the developing brain. This insight will enable the recognition of complex interplay between psychological stressors and neural development, enhancing emotional resilience and cognitive pathways.
- Engage in practical case studies and scenarios, allowing application learning to real-world situations. This hands-on approach will empower the creation of targeted intervention strategies that promote positive outcomes and contribute to the well-being of the youth they serve.

### Featuring:

**Dr. Amy Fortney Parks** brings with her over 30 years of experience working with children, adolescents and families as both an educator and psychologist. She is a passionate "BRAIN ENTHUSIAST" and strives to help everyone she works with understand the brain science of communication, activation and relationships. Dr. Parks has a Doctorate in Educational Psychology with a specialty in developmental neuroscience. She is a Child & Adolescent Psychologist as well as the founder and Clinical Director of WISE Mind Solutions LLC and The Wise Family Counseling, Assessment & Parent Coaching in Virginia. Dr. Parks serves as a Clinical Supervisor for Virginia LPC Residents, as well as an Adjunct Assistant Professor at The Chicago School of Professional Psychology.

### Beaver Creek Country Club

9535 Mapleville Rd  
Hagerstown, MD 21740

### Continuing Education Credits

**Maryland Social Workers:** Brook Lane is authorized by the Board of Social Work in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this Program. This training qualifies for Category 1 continuing education units and provides 3.0 credit hours; partial credit will not be awarded.

**Maryland Psychologists:** The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the State Board of Social Worker Examiners in Maryland; partial credit will not be awarded.

**Counselors/Therapists:** Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 3 clock hours; partial credit will not be awarded.



**Other Professionals:** A certificate of completion noting the number of educational/contact hours will be provided.

*This program is funded in part by the  
William B. and Sylvia A. Hunsberger Fund*

### Registration Information

**Seminar Fee: \$85.00**  
(includes breakfast and 3CEUs)

**To Register: See reverse side**

**Questions: [curt.miller@brooklane.org](mailto:curt.miller@brooklane.org)  
301-733-0331 x1228**



**Seminar:**      **The Everyday Mind - Interplay of Stressors  
and Psychological Impact**

**Date:**          **Thursday, October 26, 2023**

**Location:**    **Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstown, MD 21740**

**Time:**          **Check-in: 8:00 am - 8:30 am   ■   Training: 8:30 am - 11:45 am (3 CEUs)**

**Fee:**            **\$85.00 per person**

**Please Print Clearly**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email (\*required for registration): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Phone #: \_\_\_\_\_

Discipline:     Social Worker     Counselor     Psychologist     \_\_\_\_\_

**Payment Information:** (Checks should be made payable to Brook Lane)

Payment Method:     Check #: \_\_\_\_\_      Credit Card:     MasterCard     Visa     Discover

Cardholder Name: \_\_\_\_\_

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Account No: \_\_\_\_\_      Expiration Date: \_\_\_\_\_

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**To Register:**

Visit **www.brooklane.org** and search for the seminar under ***Upcoming Events***

OR

Complete this form and mail with payment to  
Attn: Curt Miller  
Brook Lane  
13121 Brook Lane  
Hagerstown, MD 21742

**Cancellation Policy:**

To receive a refund, cancellations must be received in writing no later than one week prior to the seminar (5:00 pm on Thursday, October 18, 2023.) No refunds will be made after that date or for no-shows on the day of the seminar. A \$10.00 processing fee applies to all cancellations.

**Questions?**

Contact Curt Miller, Community Relations and Education Manager at [curt.miller@brooklane.org](mailto:curt.miller@brooklane.org) or 301-733-0331 x1228.