



# Continuing Education Seminar

## The Impact of Social Media on Child and Adolescent Behavioral Health

Wednesday, December 6, 2023 ■ 8:45 am – 4:15 pm (6-hours)

Check-in & Continental Breakfast: 8:15-8:45 am

Social media, in all of its various forms, has become an integral part of the older child and teenage experience. It can have both a positive and negative effect during a time when young people are developing their sense of identity and when peer influence and acceptance are so important. This seminar will explore the vulnerabilities of the child/teenage brain and the influence social media can have on their behavioral health. Discussion will include the importance of assessing a child's and adolescent's social media use, identifying potential negative effects that may arise from the use of social media and interventions to address behavioral concerns.

### At the conclusion, attendees should be able to:

- Identify the most commonly used social media by children and adolescents
- Explain the vulnerability of the child and adolescent brain to the influences of social media
- Discuss potentially negative mental health effects from the use of social media
- Explain how social media use can place children and adolescents at risk for harm
- Discuss how indirect communication fosters behaviors that impact relationships
- Motivate clients toward change through self-discovery
- Use intervention strategies to mitigate the negative effects of social media
- Teach best practice strategies for social media use by children and adolescents.

### Featuring:

**Susan Corley, LCSW-C** is an outpatient therapist practicing at Brook Lane's North Village location where she provides individual, family and group therapy. She has over 30 years of experience in the treatment of children, adolescents and adults with a variety of mental health concerns. She has presented a number of seminars on eating disorders and the teenage brain and has a particular interest in how the adolescent brain responds to various social influences. Susan earned her Masters of Social Work from the University of Pittsburgh in Pennsylvania.

**Beaver Creek Country Club**  
9535 Mapleville Rd  
Hagerstown, MD 21740

### Continuing Education Credits

**Maryland Social Workers:** Brook Lane is authorized by the Board of Social Work in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this Program. This training qualifies for Category 1 continuing education units and provides 6.0 credit hours; partial credit will not be awarded.

**Maryland Psychologists:** The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the State Board of Social Worker Examiners in Maryland; partial credit will not be awarded.

**Counselors/Therapists:** Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 6 clock hours; partial credit will not be awarded.



**Other Professionals:** A certificate of completion noting the number of educational/contact hours will be provided.

*This program is funded in part by the William B. and Sylvia A. Hunsberger Fund*

### Registration Information

**Seminar Fee: \$129.00**  
(includes breakfast, lunch and 6 CEUs)

**To Register: See reverse side**

**Questions: [curt.miller@brooklane.org](mailto:curt.miller@brooklane.org)**  
301-733-0331 x1228



**Seminar:**

## The Impact of Social Media on Child and Adolescent Behavioral Health

**Date:** **Wednesday, December 6, 2023**

**Location:** **Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstown, MD 21740**

**Time:** **Check-in: 8:15 am-8:45 am ■ Training: 8:45 am - 4:15 pm (6 CEUs)**

**Fee:** **\$129.00 per person**

### Please Print Clearly

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email (\*required for registration): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Phone #: \_\_\_\_\_

Discipline:  Social Worker  Counselor  Psychologist  \_\_\_\_\_

### Payment Information: (Checks should be made payable to Brook Lane)

Payment Method:  Check #: \_\_\_\_\_ Credit Card:  MasterCard  Visa  Discover

Cardholder Name: \_\_\_\_\_

Cardholder Address (if different than above): \_\_\_\_\_

Account No: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_ CVV Code: \_\_\_\_\_

### To Register:

Visit **[www.brooklane.org](http://www.brooklane.org)** and search for the seminar under ***Upcoming Events***

OR

Complete this form and mail with payment to  
Attn: Curt Miller  
Brook Lane  
13121 Brook Lane  
Hagerstown, MD 21742

### Cancellation Policy:

To receive a refund, cancellations must be received in writing no later than one week prior to the seminar (5:00 pm on Tuesday, November 28, 2023.) No refunds will be made after that date or for no-shows on the day of the seminar. A \$10.00 processing fee applies to all cancellations.

### Questions?

Contact Curt Miller, Community Relations and Education Manager at [curt.miller@brooklane.org](mailto:curt.miller@brooklane.org) or 301-733-0331 x1228.