

# 2020 FALL Brook Lane Continuing Education Seminars

For a complete program description (when available) visit: [www.brooklane.org](http://www.brooklane.org)

*Friday, September 11, 2020*

## Annual Clinical, Legal & Ethical Issues Seminar

### Domestic Violence: Law and Mental Health

Presenters: J. Emmet Burke, PhD, JD; Honorable Dana Moylan Wright and guests

8:30 am – 11:45 am (8:00 am check-in & continental breakfast)

Location: Beaver Creek Country Club Fee: \$ 79.00

This annual ethics seminar will provide three hours of continuing education in ethics, law, professional conduct and risk management to satisfy Maryland licensure requirements.

*Friday, October 2, 2020*

### Positive Behavioral Approaches to Reducing Childhood Noncompliance and Defiance

Presenter: Carisa Parrish, PhD, Johns Hopkins, Division of Child and Adolescent Psychiatry

8:30 am – 11:45 am (3 hours)  
(8:00 am check-in & continental breakfast)

Location: Beaver Creek Country Club Fee: \$ 79.00

Behavioral interventions for managing and reducing defiance and noncompliance in children will be the focus of this course. Evidence-based approaches to disruptive behavior disorders, including oppositional defiant disorder, will be discussed. Participants will receive a tour of the major treatment manuals as well as a focused overview of the behavioral principles that are theorized to reinforce and sustain children's noncompliance.

### Friday, October 16, 2020 *Frederick* Working with Couples: The Relationship Enhancement® (RE) Model

Presenter: Robert Scuka, PhD, MSW, LCSW-C (6 hours)  
8:30 am – 3:45 pm

(8:00 am check-in & continental breakfast, lunch provided)  
Location: The ARC at Market Street in Frederick Fee: \$119.00

This skills-based program will teach concrete and practical skills for working with couples and families. The Relationship Enhancement® (RE) Model is a psychoeducational program and brief therapy model that employs a skills-training methodology for empowering distressed couples/families. Ten RE skills: Empathic, Expressive, Discussion/Negotiation, Problem/Conflict Resolution, Facilitation, Conflict Management, Self-Change, Helping-Others Change, Generalization and Maintenance will be covered.

*Friday, October 23, 2020*

### DBT Skills for Working with Parents: Helping Parents Learn to Structure a Healthy Environment

Presenter: Pat Harvey, LCSW-C, ACSW (4 hours)  
8:00 am – 12:15 pm  
(7:30 am check-in & continental breakfast)  
Location: Beaver Creek Country Club Fee: \$ 89.00

Parenting children with emotional difficulties or mental illness can be very challenging. This workshop is focused on parents and is designed to provide clinicians with effective tools and skills to engage parents and teach them how to emotionally regulate their own reactions within the cycle of parent-child interactions while also parenting strategically and effectively. Topics include understanding and managing emotions/behaviors, developing effective responses, parenting decision making, mindfulness and other skills to help parents to establish a healthy environment.

*Wednesday, November 4, 2020*

### Youth Suicide Intervention Strategies

Presenter: Mary R. Cwik, PhD, Johns Hopkins Bloomberg School of Public Health

8:30 am – 11:45 am (3 hours)  
(8:00 am check-in & continental breakfast, lunch provided)

Location: Beaver Creek Country Club Fee: \$79.00

This training will focus on a multi-tiered approach to suicide prevention, ranging from early identification to interventions for youth. Discussion will include an overview of current data and empirical literature on prevention strategies and assessment tools. Attendees will learn how to effectively implement safety planning and other techniques specific to suicidal clients.

*Friday, November 13, 2020*

### Pornography and Sexual Addiction

Presenter: Jennifer Weeks, PhD, LPC, CAADC, CSAT-S, CMAT  
Founder/Director Sexual Addiction Treatment Services (SATS)  
8:30 am – 3:45 pm (6 hours)

(8:00 am check-in & continental breakfast, lunch provided)  
Location: Beaver Creek Country Club Fee: \$119.00

Attendees will learn the diagnostic criteria for sexual addiction, common behaviors and problems encountered by sex addicts, strategies for eliminating problem sexual behavior and how to identify and understand Addiction Interaction Disorder. The relationship between sexual addiction and early trauma survival will be reviewed along with managing and pacing recovery in multiple related areas such as behavioral (addictions) and emotional/relationship (intimacy problems).

*Friday, December 4, 2020*

### Substance Use Among Baby Boomers

Presenters: Amanda Barnhart, LCSW-C & Donna Fogle, LCSW-C, LCADC  
8:30 am – 11:45 am (3 hours)  
(8:00 am check-in & continental breakfast)  
Location: Beaver Creek Country Club Fee: \$ 79.00

The baby boomer generation's reduced stigma regarding the use of illicit substances and misuse of prescription medications and alcohol, coupled with changes in drug disposition, metabolism with aging, and prevalence of co-occurring mental health disorders is increasing the need for geriatric mental health services. This training will examine the complexities of working with this population and present concrete interventions to help clinicians engage older clients in substance use treatment. 3-30-20

## Continuing Education Credits

**Maryland Social Workers:** Brook Lane is an approved sponsor of the Maryland Board of Social Work Examiners for Category 1 continuing education credits for licensed social workers in Maryland. **Maryland Psychologists:** The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners. **Counselors/Therapists:** Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the programs. **Other Professionals:** A certificate of completion noting the number of educational/contact hours will be provided to allow attendees to apply for CE credit as an individual.

