

33rd Annual Child Welfare Workshop

Tuesday, April 4, 2023

8:15 am - 3:15 pm

(7:15 - 8:15 am) Check-in,

Continental Breakfast, Exhibits & Networking

The 2023 Child Welfare Workshop planning committee invites you to join us for this informative day of learning and networking with your colleagues. This year, the workshop will offer 12 different topics, specifically chosen and designed to provide current, practical and meaningful information to help individuals better serve "Our Children in Our Community." Those who attend the full workshop will be eligible to receive a certificate of completion for 5 educational/continuing educational units (CEUs) for the disciplines listed below.

Continuing Education Credits

Note: To receive a certificate of completion and continuing education credits, attendees must be on time and attend 100% of the program. Partial credit will not be awarded.

Maryland Social Workers: Brook Lane is authorized by the Board of Social Work in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this program. This training qualifies for Category I continuing education units and provides 5.0 credit hours; partial credit will not be awarded.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologists will accept CE hours provided by Brook Lane, an approved CE sponsor of the MD Board of Social Work Examiners. Program will provide 5.0 credit hours; partial credit will not be awarded.

Counselors/Therapists: Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP™ #5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 5 clock hours; partial credit will not be awarded.

Other disciplines seeking documentation of contact hours for submission of CEUs as an individual: A certificate of completion noting five educational/contact hours will be provided to those who attend 100% of the program. Partial credit will not be awarded.



*Our Children,
Our Community*

**Historic
Maryland Theatre
21 South Potomac St
Hagerstown, MD 21740**

2023 Workshop Planning Committee

**Big Brothers Big Sisters
of Washington County**

Brook Lane

Cedar Ridge Childrens Home

**The Mental Health Center of Western
Maryland**

Meritus Behavioral Health Services

Potomac Case Management, Inc.

**Washington County Department of
Social Services**

**Washington County Health
Department**

**Washington County Mental Health
Authority**

Washington County Public Schools

*This Annual Child Welfare Workshop
is funded in part by an educational
grant secured by Washington County
Department of Social Services.*

Registration Fee: \$75.00

Includes continental breakfast, lunch, certificate of completion with 5 CEUs (for those who complete 100% of the Workshop) and validated garage parking (bring your parking ticket).

To register, complete the attached registration form and submit with payment.

Questions: Contact Curt Miller at curt.miller@brooklane.org or 301-733-0331 x1228

Child Welfare Workshop Agenda

Tuesday, April 4, 2023

Theatre	7:15 am - 8:15 am	Check-in, Continental Breakfast, Exhibit Visitation and Networking
	8:15 am - 8:30 am	Workshop Begins with Opening Remarks ** <u>Check-in desk will close at 8:30 am</u> ** <i>Reminder: You must be on time and attend 100% to receive a certificate and CEUs</i>
	General Session 8:30 am - 9:30 am	Wonder Words: Using the Power of Language to Help Kids Learn and Thrive Frank Kros, MSW, JD , is the Founder and CEO of Kros Learning Group. He is a career child advocate, who has served as a childcare worker, child abuse investigator, children's home administrator, consultant, professor, attorney, writer and speaker. The spoken word is the primary tool adults use to educate, motivate, and positively influence kids' social and emotional health. In the challenging environments emerging from our pandemic experience, the need for language strategies that build helpers' impact on learning, behavior and emotional state have never been more important. Learning Objectives: <ul style="list-style-type: none"> Learn how common phrases adults use with youth obstruct emotional safety and how to modify those phrases to build trust and confidence Learn how kids develop their intrinsic motivation and what language strategies boost that motivation Learn behavioral feedback strategies that balance empathy with accountability Learn how to use their words to help kids leverage self-talk to strengthen their personal resilience

Choosing Sessions Following the General Session you will have the opportunity to choose between three topics within four different Sessions (see right). Make your selections on the Workshop Registration Form.	Session I: 9:45 am - 10:45 am Choose from Tracks: A, B, C
	Session II: 11:00 am - 12:00 pm Choose from Tracks: D, E, F
	Session III: 1:00 pm - 2:00 pm Choose from Tracks: G, H, I
	Session IV: 2:15 pm - 3:15 pm Choose from Tracks: J, K, L

Theatre	Track A 9:45 am - 10:45 am	Helping Families: Strength Focused Engagement & Working Together Jenny McFarland, LCSW-C , is a clinical social worker with over 25 years of experience developing and implementing programming to assess the strengths and needed support of children with mental health, ASD and developmental delays in a home, school, inpatient and outpatient setting. She is a therapist with Brook Lane's THRIVE program. Learning Objectives: <ul style="list-style-type: none"> Identify three levels of engagement Recognize opportunities for family engagement Understand the environmental factors that may impact a family Explore the importance of each family's unique story
	Track D 11:00 am - 12:00 pm	Engaging Neurodiversity: How to Keep It Fun Jenny McFarland, LCSW-C , is a clinical social worker with over 25 years of experience developing and implementing programming to assess the strengths and needed support of children with mental health, ASD and developmental delays in a home, school, inpatient and outpatient setting. She is a therapist with Brook Lane's THRIVE program. Learning Objectives: <ul style="list-style-type: none"> Understand the importance of clear communication with neurodiverse individuals Identify strategies to promote neurodiversity in classrooms Identify ways to celebrate neurodiversity Explain how sensory aids can help promote neurodiversity

Child Welfare Workshop Agenda - Tuesday, April 4, 2023

Theatre	<p>12:00 pm - 1:00 pm</p>	<p>Complimentary Lunch Served in Grand Lobby Exhibitor Visitation - Networking</p>
	<p>Track G 1:00 pm - 2:00 pm</p>	<p>Helping Children Cope with Grief and Loss Maria Reed, M.Ed., is the Bereavement Care Supervisor for Hospice of Washington County.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Learn general grief education, including developmental responses and childhood grief considerations • Learn about best practices and ideas of how to best support children and families who are grieving the death of a loved one • Learn about the scope of bereavement care services with Hospice of Washington County, including how to connect families to services and calendar of anticipated events
	<p>Track J 2:15 pm - 3:15 pm</p>	<p>Promoting Change in Parenting Behaviors: Motivational Interviewing & Adult Learning Dave Schultz, PhD, is an associate professor at the University of Maryland, Baltimore County. Dr. Schultz focuses on social and emotional development in infancy and early childhood and prevention programs that support this development. He's the Director of the UMBC Home Visiting Training Certificate Program and interested in the evaluation of this program and home visiting services.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Understand the principles of motivational interviewing • Learn specific communication techniques that facilitate conversations about changing behaviors • Understand the principles of how adults best learn to change behavior
View Rehearsal Studio (3rd Floor)	<p>Track B 9:45 am - 10:45 am</p>	<p>Childhood Anxiety: How to Address and Support Rida Faridi, LCPC, is a licensed clinical professional counselor treating young people at Brook Lane's North Village outpatient location as well as at Washington County Public Schools as a school-based therapist.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Provide an overview of anxiety disorder diagnoses in children • Discuss current trends in anxiety • Recognize signs and symptoms of anxiety in children • Learn strategies to support and help children better cope with anxiety across different settings
	<p>Track E 11:00 am - 12:00 pm</p>	<p>De-escalating the Overstimulated Child (will be repeated 1:00-2:00 pm) Larry Lipsitz, M.Ed., is the director of Intensive Positive Training Program, LLC, which provides consultative services to schools primarily in Maryland and Pennsylvania and human services agencies, including the Kuwait Center for Autism. His area of expertise includes Positive Behavioral Supports, Autistic Spectrum Disorder and comprehensive behavioral programming for individuals with autism.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Be able to list three forms of over-stimulation • Be able to explain how to identify an individual's personal behavior pattern or "tell" • Be able to state three self-awareness techniques
	<p>Track H 1:00 pm - 2:00 pm</p>	<p>De-escalating the Overstimulated Child Larry Lipsitz, M.Ed., is the director of Intensive Positive Training Program, LLC, which provides consultative services to schools primarily in Maryland and Pennsylvania and human services agencies, including the Kuwait Center for Autism. His area of expertise includes Positive Behavioral Supports, Autistic Spectrum Disorder and comprehensive behavioral programming for individuals with autism.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Be able to list three forms of over-stimulation • Be able to explain how to identify an individual's personal behavior pattern or "tell" • Be able to state three self-awareness techniques

View Studio

Track K
2:15 pm -
3:15 pm

Kinship Care: Strategies for Assisting Families Raising a Relative's Child

Ligia Teodorovici, LCSW-C, is a child welfare supervisor with the Washington County Department of Social Services. She was instrumental in the development/implementation of Washington County's Kinship Navigator Program, a community and inter-agency collaboration, when it was introduced in 2010.

Learning Objectives:

- Explain the difference between providing informal kinship care vs. relative or non-relative foster care for the caregiver
- Explain the difference between fictive kin vs. relative kin as well as the differences in benefits received
- Describe the emotionally challenging behavior of children being placed outside of their home
- Discuss the effects of kinship care on the mental health of the caregiver
- Employ intervention strategies to assist caregivers and minimize caregiver stress

Track C
9:45 am -
10:45 am

Understanding Opioid Use, Pregnancy & Neonatal Abstinence Syndrome

Laura Sheffield-Bishop, LCSW-C, is a social work supervisor at the Washington County Health Department Division of Behavioral Health Services

Learning Objectives:

- Identify the impacts of neonatal abstinence syndrome (NAS)/neonatal opioid withdrawal syndrome (NOWS) on the health, behavioral health, and child welfare systems
- Discuss issues and treatment barriers common to pregnant women who misuse opioids
- Describe strategies to effectively respond to the needs of pregnant women with opioid use conditions and their children

Track F
11:00 am -
12:00 pm

The Disturbing Trend of Synthetic Drug Use & Other Substances

Alicia Snoots, LMSW, is a supervisor with the Child Protective Services Intake and Assessment Unit, specializing in the Substance Exposed Newborn program and Sobriety and Recovery Team Intervention at the Washington County Department of Social Services.

Agent Brian Hook is a member of the Hagerstown Police Department and is currently assigned to the Washington County Narcotics Task Force as a Task Force Officer with the DEA. He has over 25 years of experience in law enforcement.

Learning Objectives:

- Name some of the common synthetic drugs and other substances being used locally
- Discuss the signs, symptoms and behavioral indicators of drug use
- Discuss the impact of substance use on the development of newborns and children

Track I
1:00 pm -
2:00 pm

Empathy & Parenting: Engaging Parents with Their Child's Mental Health

David Rodriguez, LGPC, is the Operations Director for Potomac Case Management, Inc. He has a master's degree in professional counseling and over 25 years of experience working with families. He is a Love and Logic and Active Parenting Now facilitator and trainer.

Learning Objectives:

- List techniques that can be used to avoid power struggles
- Utilize the steps in the Think-Feel-Do Cycle
- Apply the principles of developing empathy in a healthy, mutually respectful therapeutic relationship

Track L
2:15 pm -
3:15 pm

Play Therapy: The What, The Why and The How

Terri Lancaster, NCC, LCPC, RPT-S is a play therapist and the Outpatient Services Coordinator with The Mental Health Center of Western Maryland. She is a registered play therapist-supervisor and an active member of the Association for Play Therapy. She has over 25 years of experience working with children, families and community mental health.

Learning Objectives:

- Outline the overall objectives of play therapy
- Discuss four basic play therapy skills for working with children
- Use basic play therapy techniques to help children build a better sense of self

Ballroom (4th Floor)

Child Welfare Workshop Registration Form

Date: Tuesday, April 4, 2023

Location: Maryland Theatre, 21 S. Potomac St., Hagerstown, MD 21740

Fee: \$75.00 per person

First Name: _____ Last Name: _____

Email (*required for registration/confirmation): _____

Address: _____ City: _____

State: _____ Zip: _____ Contact Phone #: _____

Discipline: Social Worker LCPC Psychologist Case Mgr/Social Service Provider

School Counselor Educator (Pre-K-12) Child Care/Preschool _____

Session Track Selections (please circle your choices)

Session I: 9:45 am - 10:45 am	A	B	C
Session II: 11:00 am - 12:00 pm	D	E	F
Session III: 1:00 pm - 2:00 pm	G	H	I
Session IV: 2:15 pm - 3:15 pm	J	K	L

Parking:

In addition to on-street parking, there are two parking garages nearby: one located a block from the Theatre at 25 N. Potomac Street and another across from the Theatre accessed from the alley at 25 Renaissance Way. **Garage parking will be validated.**
www.hagerstownmd.org/283/Parking-Locations-Map

Bistro Boxed Lunch Selection: Ham & Cheese Turkey & Swiss Veggie

For dietary restrictions email: curt.miller@brooklane.org **If no selection is made, Ham and Cheese will be ordered**

Payment Method: *** WCDSS Staff: Contact Barb Shevokas to register ***

Check #: _____ (Payable: Brook Lane) MasterCard Visa Discover

Cardholder Name: _____

Cardholder Address (if different than above): _____

Account No. _____ Expiration Date: _____

Cardholder Signature: _____ CVV Code: _____

Cancellation Policy: A \$10.00 processing fee applies to all cancellations. To receive a refund (less the cancellation processing fee), cancellations must be made in writing no later than 5:00 pm Tuesday, March 28, 2023. No refunds will be made after that date or for no-shows on the day of the Child Welfare Workshop.

Awarding of Certificates/CEUs: To receive a certificate of completion noting five educational hours/five CEUs, attendees must arrive on time and complete 100% of the workshop. Certificates will be awarded at 3:15 pm.

Questions: Contact Curt Miller at curt.miller@brooklane.org or 301-733-0331 x1228.

To Register by Mail:

Complete the form and mail with payment to
Attn: Curt Miller
Brook Lane, 13121 Brook Ln, Hagerstown, MD 21742

To Register Online:

Visit www.brooklane.org and search for
the workshop under *Upcoming Events*