



# Continuing Education

*In recognition of Mental Health Awareness Month, Brook Lane presents*

## The Connection Between Attachment and Substance Use Disorders

**Wednesday, May 18, 2022**

**8:00 am – 12:15 pm (4-hours)**

**7:30 am - 8:00 am: Check-in & Continental Breakfast**

Attachment is the foundation of health interpersonal relationships and conscience-formation. It has a profound impact on trust, one's sense of self, and executive function. This seminar will discuss attachment theory and how unhealthy attachment can influence substance use. Discussion will include how difficulty in developing and maintaining meaningful interpersonal relations and self-regulating emotions can lead individuals to seek meaningful relationships through the use of substances. Treatment modalities and approaches will be presented to help clients address deficits in interpersonal relationships, emotional regulation, trust-building and vulnerability, while addressing substance use disorders.

### At the conclusion, attendees should be able to:

- Demonstrate a general understanding of attachment theory
- Differentiate between healthy and unhealthy attachment
- Identify the connection between attachment disorders and substance abuse disorders, and the barriers these present in treatment
- Explore practices that promote healing of attachment wounds
- Connect the benefits of group therapy and 12 Step fellowships to attachment and healthy relationships

### Featuring:

**John Houton, LPC, CAADC, SAP/SAE** is a licensed professional counselor and certified advanced alcohol and drug counselor practicing in Lancaster, PA. He has been providing mental health services for children and adults for over 15 years and has extensive experience with early childhood and attachment difficulties, substance use disorders, and sexually problematic behaviors. He is particularly passionate about the effects of early-life attachment deficits on adult function. In addition to working at WellSpan Philhaven Hospital in Mt. Gretna, PA and private practice, John supervises clinicians and conducts trainings and workshops for healthcare providers, professional organizations, and children and youth service organizations throughout the region. John is also a substance abuse professional (SAP) at the Department of Transportation (DOT) working with DOT regulated employees returning to work after a violation has occurred and a substance abuse expert (SAE) working with the Nuclear Regulatory Commission (NRC) to assist employees in the Fitness for Duty process.

### Beaver Creek Country Club

9535 Mapleville Rd  
Hagerstown, MD 21740

### Continuing Education Credits

**Maryland Social Workers:** Brook Lane is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the Program.

**Maryland Psychologists:** The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners; partial credit will not be awarded.



**Counselors/Therapists:** Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 4 clock hours; partial credit will not be awarded.

**Other Professionals:** A certificate of completion noting the number of educational/contact hours will be provided.

*This program is funded in part by the William B. and Sylvia A. Hunsberger Fund*

### Registration Information

**Seminar Fee: \$89.00** (includes 4 CEUs)

**To Register:** See reverse side

**Questions:** [curt.miller@brooklane.org](mailto:curt.miller@brooklane.org)  
301-733-0331 x 1228

# Brook Lane Seminar Registration Form



**Seminar:** The Connection Between Attachment and SUD  
**Date:** Wednesday, May 18, 2022  
**Location:** Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstow, MD 21740  
**Times:** Check-in & Continental Breakfast: 7:30 am - 8:00 am  
Training: 8:00 am - 12:15 pm (4 CEUs)  
**Fee:** \$89.00 per person

*Cautionary note: Should the state of Maryland reinstitute COVID-19 restrictions, this seminar may need to be cancelled and rescheduled for a later date.*

## Please **PRINT** Clearly

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email (\*required for registration/confirmation): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Contact Phone #: \_\_\_\_\_

Discipline: [ ] Social Worker [ ] Counselor [ ] Psychologist [ ] \_\_\_\_\_

## **Payment Information:** (Checks should be made payable to Brook Lane)

Payment Method: [ ] Check #: \_\_\_\_\_ Credit Card: [ ] MasterCard [ ] Visa [ ] Discover

Cardholder Name: \_\_\_\_\_

Cardholder Address (if different than above): \_\_\_\_\_

Account No. \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_ CVV Code: \_\_\_\_\_

**Cancellation Policy:** A \$10.00 processing fee applies to all cancellations. To receive a refund (less the cancellation processing fee), cancellations must be made in writing and received no later than one week prior to the seminar (5:00 pm, Wednesday, May 11, 2022). No refunds will be made after that date or for no-shows on the day of the seminar.

**Questions:** Curt Miller, Community Relations & Education Manager  
curt.miller@brooklane.org 301-733-0331 ext. 1228

## **To Register by Mail:**

Complete the form and mail with payment to  
Attn: SEMINAR Cashier  
Brook Lane, PO Box 1945, Hagerstown, MD 21742

## **To Register Online:**

**www.brooklane.org**