

## Overview of EMDR Therapy

**Wednesday, June 8, 2022**

**8:30 am – 11:45 am (3-hours)**

**8:00 am - 8:30 am: Check-in & Continental Breakfast**

This workshop will provide an overview of Eye Movement Desensitization and Reprocessing (EMDR) therapy and treatment protocols. Discussion will include how EMDR therapy works, EMDR best practices, how to identify client readiness for EMDR treatment, what clients can expect, and when to refer a client for EMDR treatment. This presentation is designed to provide an understanding of EMDR therapy and will not certify participants to provide EMDR therapy. Information regarding the requirements to become fully trained/certified to provide EMDR therapy will also be shared.

### **At the conclusion of the seminar, attendees should be able to:**

- Explain how EMDR therapy works
- Describe the 8 Phases of EMDR therapy
- Discuss how EMDR techniques help clients with a variety of concerns
- Identify client readiness for EMDR therapy
- Help clients prepare for EMDR therapy
- Know when it is appropriate to make a referral for EMDR therapy

### **Featured Presenter:**

**Stacy Lane Stoddard, LCMFT**, is a licensed clinical marriage and family therapist. She is a Certified EMDR provider and Approved EMDR Consultant and Trainer. She is the owner of The Counseling Center in Towson, MD where she provides therapy services, specializing in trauma, grief and loss. Stacy earned a Master's Degree in Counseling Psychology from John F. Kennedy University. She also holds a Master's Degree from Yale University.

### **Beaver Creek Country Club**

9535 Mapleville Rd  
Hagerstown, MD 21740

### **Continuing Education Credits**

**Maryland Social Workers:** Brook Lane is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the Program.

**Maryland Psychologists:** The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners; partial credit will not be awarded.



**Counselors/Therapists:** Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 3 clock hours; partial credit will not be awarded.

**Other Professionals:** A certificate of completion noting the number of educational/contact hours will be provided.

*This program is funded in part by the William B. and Sylvia A. Hunsberger Fund*

### **Registration Information**

**Seminar Fee: \$79.00** (includes 3 CEUs)

**To Register:** See reverse side

**Questions:** [curt.miller@brooklane.org](mailto:curt.miller@brooklane.org)  
301-733-0331 x 1228

# Brook Lane Seminar Registration Form



**Seminar:** Overview of EMDR Therapy  
**Date:** Wednesday, June 8, 2022  
**Location:** Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstow, MD 21740  
**Times:** Check-in & Continental Breakfast: 8:00 am - 8:30 am  
Training: 8:30 am - 11:45 am (3 CEUs)  
**Fee:** \$79.00 per person

*Cautionary note: Should the state of Maryland reinstitute COVID-19 restrictions, this seminar may need to be cancelled and rescheduled for a later date.*

## Please **PRINT** Clearly

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email (\*required for registration/confirmation): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Contact Phone #: \_\_\_\_\_

Discipline: [ ] Social Worker [ ] Counselor [ ] Psychologist [ ] \_\_\_\_\_

## **Payment Information:** (Checks should be made payable to Brook Lane)

Payment Method: [ ] Check #: \_\_\_\_\_ Credit Card: [ ] MasterCard [ ] Visa [ ] Discover

Cardholder Name: \_\_\_\_\_

Cardholder Address (if different than above): \_\_\_\_\_

Account No. \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_ CVV Code: \_\_\_\_\_

**Cancellation Policy:** A \$10.00 processing fee applies to all cancellations. To receive a refund (less the cancellation processing fee), cancellations must be made in writing and received no later than one week prior to the seminar (5:00 pm, Wednesday, June 1, 2022). No refunds will be made after that date or for no-shows on the day of the seminar.

**Questions:** Curt Miller, Community Relations & Education Manager  
Curt.miller@brooklane.org 301-733-0331 ext. 1228

## **To Register by Mail:**

Complete the form and mail with payment to  
Attn: SEMINAR Cashier  
Brook Lane, PO Box 1945, Hagerstown, MD 21742

## **To Register Online:**

**www.brooklane.org**