

Overview of EMDR Therapy

Wednesday, June 8, 2022

8:30 am – 11:45 am (3-hours)

8:00 am - 8:30 am: Check-in & Continental Breakfast

This workshop will provide an overview of Eye Movement Desensitization and Reprocessing (EMDR) therapy and treatment protocols. Discussion will include how EMDR therapy works, EMDR best practices, how to identify client readiness for EMDR treatment, what clients can expect, and when to refer a client for EMDR treatment. This presentation is designed to provide an understanding of EMDR therapy and will not certify participants to provide EMDR therapy. Information regarding the requirements to become fully trained/certified to provide EMDR therapy will also be shared.

At the conclusion of the seminar, attendees should be able to:

- Explain how EMDR therapy works
- Describe the 8 Phases of EMDR therapy
- Discuss how EMDR techniques help clients with a variety concerns
- Identify client readiness for EMDR therapy
- Help clients prepare for EMDR therapy
- Know when it is appropriate to make a referral for EMDR therapy

Featured Presenter:

Stacy Lane Stoddard, LCMFT, is a licensed clinical marriage and family therapist. She is a Certified EMDR provider and Approved EMDR Consultant and Trainer. She is the owner of The Counseling Center in Towson, MD where she provides therapy services, specializing in trauma, grief and loss. Stacy earned a Master's Degree in Counseling Psychology from John F. Kennedy University. She also holds a Master's Degree from Yale University.

Beaver Creek Country Club

9535 Mapleville Rd
Hagerstown, MD 21740

Continuing Education Credits

Maryland Social Workers: Brook Lane is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the Program.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners; partial credit will not be awarded.



Counselors/Therapists: Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 3 clock hours; partial credit will not be awarded.

Other Professionals: A certificate of completion noting the number of educational/contact hours will be provided.

*This program is funded in part by the
William B. and Sylvia A. Hunsberger Fund*

Registration Information

Seminar Fee: \$79.00 (includes 3 CEUs)

To Register: See reverse side

Questions: deb.staley@brooklane.org
301-733-0331 x 1189

Brook Lane Seminar Registration Form



Seminar: Overview of EMDR Therapy
Date: Wednesday, June 8, 2022
Location: Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstow, MD 21740
Times: Check-in & Continental Breakfast: 8:00 am - 8:30 am
Training: 8:30 am - 11:45 am (3 CEUs)
Fee: \$79.00 per person

Cautionary note: Should the state of Maryland reinstitute COVID-19 restrictions, this seminar may need to be cancelled and rescheduled for a later date.

Please **PRINT** Clearly

First Name: _____ Last Name: _____

Email (*required for registration/confirmation): _____

Address: _____ City: _____

State: _____ Zip: _____ Contact Phone #: _____

Discipline: [] Social Worker [] Counselor [] Psychologist [] _____

Payment Information: (Checks should be made payable to Brook Lane)

Payment Method: [] Check #: _____ Credit Card: [] MasterCard [] Visa [] Discover

Cardholder Name: _____

Cardholder Address (if different than above): _____

Account No. _____ Expiration Date: _____

Cardholder Signature: _____ CVW Code: _____

Cancellation Policy: A \$10.00 processing fee applies to all cancellations. To receive a refund (less the cancellation processing fee), cancellations must be made in writing and received no later than one week prior to the seminar (5:00 pm, Wednesday, June 1, 2022). No refunds will be made after that date or for no-shows on the day of the seminar.

To Register by Mail:

Complete the form and mail with payment to
Attn: SEMINAR Cashier
Brook Lane, PO Box 1945, Hagerstown, MD 21742

To Register Online:

www.brooklane.org