



Continuing Education

Infidelity and Affairs: Helping Couples Heal their Broken Hearts

Wednesday, November 9, 2022 ■ 8:30 am–11:45 am (3-hours)

(8:00 am–8:30 am: Log on, registration check-in)

The disclosure of an affair is among the most devastating and painful experiences that couples face. It is also one of the most challenging and complicated problems encountered in therapy. This workshop will examine various forms of infidelity, the impact of its discovery on each spouse and the marriage, and issues of recovery and treatment. Some of the challenges encountered in treatment include how much information about the affair should be disclosed, how to help with shattered trust, hypervigilance and anxiety, and how to build empathy between the partners. Some important insights that have been gained in understanding and treating infidelity and affairs will be reviewed. In addition, a framework for the treatment of infidelity rooted in Relationship Enhancement Therapy will be presented.

Workshop Objectives—At the conclusion of the seminar, attendees should be able to:

- Conceptualize two complementary perspectives in the treatment of infidelity
- Identify key thematic considerations in understanding and treating infidelity, including pitfalls to avoid
- Describe how to explain the issue of confidentiality in couple therapy with clients
- Describe how to use a couple's dialogue process to facilitate the couple's work of emotional healing

Featuring: Robert Scuka, PhD, MSW, LCSW-C, executive director of the National Institute of Relationship Enhancement® in Bethesda, Maryland and a senior member of its training facility in Relationship Enhancement Therapy. He has over 22 years of experience facilitating retreats, professional trainings, and couples workshops both in the U.S. and abroad. He is a frequent lecturer at professional continuing education mental health conferences and seminars across the east coast. Dr. Scuka is the author of *Relationship Enhancement Therapy: Healing Through Deep Empathy and Intimate Dialogue* (Routledge, 2005), and has published the article *A Clinicians Guide to Helping Couples Heal from the Trauma of Infidelity*, *Journal of Couple & Relationship Therapy*, (2015, 14, 141-168).

ZOOM Seminar
A link and instructions to join the seminar will be emailed to registrants the week of the seminar.

Continuing Education Credits

Maryland Social Workers: Brook Lane is an approved sponsor of the MD Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the Program. This program will provide 3.0 hours of Category 1 continuing education; partial credit will not be awarded.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners; partial credit will not be awarded.

Counselors/Therapists: Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 6 clock hours; partial credit will not be awarded.



Other Professionals: A certificate of completion noting the number of educational/contact hours will be provided.

This program is funded in part by the William B. and Sylvia A. Hunsberger Fund

Registration Information

Seminar Fee: \$79.00 (3 CEUs)

To Register: See reverse side

**Questions: curt.miller@brooklane.org
301-733-0331 x1228**

BROOK LANE

Hope • Healing • Recovery

Seminar Registration Form

Seminar: Infidelity and Affairs: Helping Couples Heal Their Broken Hearts
Date: Wednesday, November 9, 2022
Location: Zoom Presentation
Times: Log on/Check-in: 8:00 am-8:30 am ■ Training: 8:30 am-11:45 am (3-hours)
Fee: \$79.00 per person

Please PRINT Clearly

First Name: _____ Last Name: _____

Email (*required for registration/confirmation): _____

Address: _____ City: _____

State: _____ Zip: _____ Contact Phone #: _____

Discipline: Social Worker Counselor Psychologist _____

Payment Information: (Checks should be made payable to Brook Lane)

Payment Method: Check #: _____ Credit Card: MasterCard Visa Discover

Cardholder Name: _____

Cardholder Address (if different than above): _____

Account No. _____ Expiration Date: _____

Cardholder Signature: _____ CVV Code: _____

Cancellation Policy: A \$10.00 processing fee applies to all cancellations. To receive a refund (less the cancellation processing fee), cancellations must be made in writing and received no later than one week prior to the seminar (5:00 pm, **November 2, 2022**). No refunds will be made after that date or for no-shows on the day of the seminar.

Questions? Contact Curt Miller, Community Relations and Education Manager at curt.miller@brooklane.org or 301-733-0331 x1228.

There are two ways to register:

Complete the form and mail with payment to
Attn: Curt Miller
Brook Lane
13121 Brook Lane, Hagerstown, MD 21742

Visit: www.brooklane.org and search for the seminar under ***Upcoming Events***