Listening to music can provide a relaxing effect on the mind and body and a positive influence on our physiological functioning. This training will include a synopsis of music therapy and how music impacts humans on neurophysiological, emotional, and social levels. Participants will be introduced to several music therapy principles and music interventions geared towards addressing non-musical goals with people with mental illness. Ethics regarding scope of practice will also be discussed. Participants will end the training with an experiential component on using music for relaxation and self-care.

At the conclusion, attendees should be able to:

- Define music therapy;
- Identify how music impacts humans neurophysiologically, emotionally and socially;
- Implement select music interventions and identify possible modifications and applications for their specific patients;
- Identify ethics related to implementing music interventions within specific scopes of practice;
- Use music effectively in patient relaxation and therapist self-care regimens.

Featuring: Bronwen Landless, MMT, MT-BC, is a board certified music therapist with over thirteen years of experience in the field of music therapy in mental health, with expertise in trauma-informed care and community building through music. She started a music therapy program from scratch at a psychiatric residential treatment facility for children and adolescents, and successfully ran and grew the program for eleven years. Over the last seven years, she has supervised music therapy students at both practicum and internship levels. As an adjunct professor at Shenandoah University since 2014, Bronwen has played a role in teaching, clinical supervision, course development, and program evaluation. She has presented nationally and internationally both at conferences and continuing education trainings. Bronwen is a Ph.D. candidate in Creative Arts Therapies at Drexel University. Her current research focus is on the possible impacts of music therapy on people who are homeless and their surrounding communities.
Please register early, space is limited!

Cancellation Policy: A $ 10.00 processing fee will apply. To receive a refund, cancellations must be made in writing and received no later than Thursday, May 3, 2018. No refunds will be made after that date or for no-shows.

Program Questions: Debbie Staley, Manager of Continuing Education@ deb.staley@brooklane.org; 301-733-0331 ext. 1189 or by writing: Brook Lane, Attention Debbie Staley, PO Box 1945, Hagerstown, MD 21742
Seminar Directions:
Beaver Creek Country Club
9535 Mapleville Road
Hagerstown, MD 21742
301-733-5138
www.BeaverCreekCC.com

From Interstate 70
- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
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- Beaver Creek Country Club will be on the left

From Interstate 81
- Take Interstate 70 East
- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left