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Our Mission
To help individuals improve their emotional and behavioral well being through education and treatment.

Guiding Principles
Our service to the community is guided by principles drawn from the life and ministry of Jesus Christ. These principles are vital to our existence and integrated throughout all levels of the organization.

Integrity: Serving others in an ethical, honest and sincere manner.
Compassion: Demonstrating concern for others.
Service: Responding to the needs of others ahead of our own.
Stewardship: Using our resources responsibly.
Excellence: Committing to high standards of quality and performance.
Respect: Treating everyone with dignity and worth.

Vision
A healthier community strengthened by comprehensive behavioral health services.

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For more information or to make a referral, contact our Admissions Office:
13218 Brook Lane Drive • P.O. Box 1945 • Hagerstown, MD 21742
301-733-0330 or 1-800-342-2992 • www.brooklane.org
A Not-for-Profit Organization Serving the Region Since 1949

Brook Lane is affiliated with MHS Alliance
The close of 2010 is drawing near and we have many blessings to celebrate. This year has presented Brook Lane with several opportunities to expand our service to the community. The need for outpatient services continues to grow and we added offices to our North Village location. This new space allows us to move further along with another new offering for 2010, our still developing autism program. This program has been received very well and we continue to evaluate community needs and develop additional offerings to meet those needs. An exciting opportunity to expand our autism services may be available through the Pepsi Refresh Project. Brook Lane is seeking a $50,000 grant and you can help us by voting and recruiting others to vote for our project. You’ll find more details on Page 7.

We became aware of an increasing need for outpatient services in Frederick and we opened a new office at 5300 Westview Drive. Several therapists and a child psychiatrist are currently located at that office. Our service in Frederick also continues to grow in the Frederick Laurel Hall School and we have signed a lease to add 2,400 square feet to the existing program. In addition to expansion space for the school, the new space will also house a new Partial Hospitalization Program for children and adolescents. We hope to open this program in early 2011.

As our population continues to age, we have been evaluating appropriate services to maintain the quality of life for that age group. On January 3, 2011, we will open a Senior Adult Partial Hospitalization Program to serve individuals age 60 and over. To learn more about this program or any of our other programs, visit our website www.brooklane.org.

Brook Lane’s mission talks about improving emotional and behavioral well being through education and treatment. As I have already shared, Brook Lane continues to be very active in pursuing treatment alternatives for the community. I am very excited to introduce Deborah Staley as Brook Lane’s Manager of Continuing Education. This is a major step for Brook Lane as we begin to more aggressively approach the community education aspect of our mission. We anticipate our education offerings to expand greatly during 2011.

As we enter this Christmas season, let’s all be thankful for the reasons we have to celebrate both large and small. May your Christmas be filled with God’s love and your new year filled with peace.
Meet Deborah Staley, Manager of Continuing Education

By Curt Miller, Editor

We are excited to welcome Debbie Staley to the staff of Brook Lane as our new Manager of Continuing Education.

Debbie has over fifteen years of experience in planning and coordinating training seminars, six of which were spent as the conference planner for Hagerstown Community College. She has worked with numerous community organizations and agencies, including Brook Lane, in the planning and development of seminars that provide continuing education credits for local health care professionals.

She shared, “I look forward to establishing Brook Lane as a leader of mental health continuing education and building a strong working relationship with other health care providers in the community.”

Her inaugural seminar Loss and Grief: Helping Clients Navigate the Holiday will be held on December 10, 2010, in the Community Room on Brook Lane’s main campus.

Welcome, Debbie Staley! 😊

Please help us do our part for conservation by signing up for electronic notifications of Brook Lane’s continuing education offerings. You can send your preferred email address and discipline to deb.staley@brooklane.org.
Loss and Grief: Helping Clients Navigate the Holidays

FRIDAY, DECEMBER 10, 2010
BROOK LANE CAMPUS, COMMUNITY ROOM
8:30 a.m. to 11:45 a.m. (Check-in 8:00 a.m.)
Seating is limited to 50. Seminar Fee: $29.00

This program is funded in part by the William B. and Sylvia A. Hunsberger Fund.
Please visit www.brooklane.org for registration information.
Questions call Debbie Staley: 301-733-0331 x 189

SEMINAR AGENDA

8:00 am – 8:30 am .......... Registration Check-in
Continental Breakfast

8:30 am – 9:00 am .......... The Grief Continuum
Susan Corley, LCSW-C

9:00 am – 10:00 am .......... Clinical Perspectives
Susan Corley, LCSW-C

10:00 am – 10:15 am ........ Break

10:15 am – 10:45 am ........ Adult vs. Child Grieving
Susan Corley, LCSW-C

10:45 am – 11:15 am .......... Role of Faith in Grief & Loss
Pastor Ron Shank

11:15 am – 11:45 am .......... The New Normal
Susan Corley, LCSW-C
Mary Hedges, LCSW-C
Pastor Ron Shank

11:45 am ....................... Evaluations & Certificates

Discussion will include:
• The continuum of grief
• Typical and complicated grief reactions, patterns & behaviors
• Factors that influence grief and bereavement
• Co-occurring conditions and disorders that complicate loss & grief
• Adult grief vs. child grief
• Techniques for loss and grief counseling
• Faith as a role model for understanding and coping with loss and grief
• Effective skills and interventions that can be applied with grieving clients

CONTINUING EDUCATION CREDITS
SOCIAL WORKERS
The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 3.0 credit hours of Category 1 continuing education for social workers licensed in Maryland.

COUNSELORS
Brook Lane Health Services is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. Brook Lane solely is responsible for all aspects of the program. This program will provide 3 clock hours; partial credit will not be awarded.

OTHER HEALTHCARE PROFESSIONALS
Brook Lane Health Services will provide a certificate of completion noting the number of educational/contact hours for the seminar to allow attendees to apply for credit as an individual for their specific discipline.
Golfing with Friends and Family of Brook Lane

By Kay E. Hoffman, CFRE

Friends and family of Brook Lane gathered at Waynesboro Country Club on Friday, October 15 to enjoy a round of golf to benefit autism services at Brook Lane. The day was a little chilly, but warm in spirit, as 17 teams rallied for the cause.

FIRST FLIGHT WINNERS
First Place: Brandon Hendrickson, Tom Hoffman, Bob Hoffman, Jesse Hoffman
Second Place: Phyllis King, Sue Munson, Judy Rudy, Quay Scott
Third Place: Donald Neel, Joseph Smith, Robert House, John Carpenter

SECOND FLIGHT WINNERS
First Place: Allen Lehman, Ray Geigley, Dale Clugston, John Benner
Second Place: Del Martin, Karen Martin, Donald Eby, Lorraine Eby
Third Place: Greg Andra, Greg Hall, Mark Sloan, Leighton Stiffler

CLOSEST TO THE PIN
Ken Graber, John Carpenter, Mike Metz

LONGEST DRIVE
Quay Scott, Don Neal
Good Neighbor Love

By Pastor Ron Shank

For many of us, we have heard the story of the Good Samaritan multiple times and yet the question as to who is my neighbor still paralyzes many Christians into inaction. “Loving my neighbor as myself” is easy in words or theory but something much more difficult “where the rubber meets the road,” as the old saying states. I would like for each one of us to once again visit the teaching of our Lord on loving as the Good Samaritan and how it applies in the world in which we live, a world that is many times divided by religious, political, economic, or racial barriers. As Christians, we easily embrace the love of neighbor in theory but struggle when it comes to the actual practice, especially when that “neighbor” represents a social, cultural, or political offense.

However, this was the precise situation to which Jesus was responding when he shared the parable of the “Good Samaritan” (Luke 10:25-37). The Samaritan was chosen precisely because of his social offense to the Jews. In this parable, Jesus is illustrating the superiority of the Samaritan’s sacrificial love over and against his fellow Jews who would be “religiously” perfect. Consider Jesus’ encounter with the woman at the well, another Samaritan (John 4) or the leper (Luke 5:12-16) or the centurion’s servant (Luke 7:1-10). Jesus ate with both the Pharisee (Luke 7:36) and the tax collector (Luke 5:29). Throughout the New Testament, Jesus was constantly reaching out to the socially, politically, and religiously marginalized. The political, cultural, social, and religious distinctions that divide us are nullified in Christ. These distinctions are not to impede his command to love against these barriers, bringing peace and reconciliation into a world so divided by hate. Our “neighbors” to whom we are to show the love of Christ would include all of these groups. In Jesus’ life and teaching, he

“Love your neighbor as yourself”
(Luke 10:27c)

“And who is my neighbor?”
(Luke 10:29b)
intentionally destroyed any sort of conditional response to his command to “love your neighbor.”

As we study the teachings of Jesus concerning love, He challenges us to a higher standard of love for neighbor by including our enemies as those we should love.

Luke 6:32-36 “If you love those who love you, what credit is that to you? Even ‘sinners’ love those who love them. And if you do good to those who are good to you, what credit is that to you? Even ‘sinners’ do that. And if you lend to those from whom you expect repayment, what credit is that to you? Even ‘sinners’ lend to ‘sinners,’ expecting to be repaid in full. But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be sons of the Most High, because he is kind to the ungrateful and wicked. Be merciful, just as your Father is merciful.”

The kind of “love your neighbor” as depicted by Christ is loving a person after he has hurt you. Our natural response would not be to love someone who has hurt us, but to retaliate. Christ commands us to love our enemies and do good to them.

Later in Luke Jesus also says:

Luke 14:12-14 “Then Jesus said to his host, ‘When you give a luncheon or dinner, do not invite your friends, your brothers or relatives, or your rich neighbors, if you do, they may invite you back and so you will be repaid. But when you give a banquet, invite the poor, the crippled, the lame, the blind, and you will be blessed. Although they cannot repay you, you will be repaid at the resurrection of the righteous.”

We are to give without expecting anything in return. That is true love for neighbor.

Do we as Christians actually love our neighbor like this? Do we give to those who cannot repay us? To those who would harm, if they could, or those who have already done you harm; do you love them as Christ loved you?

Our Lord Jesus Christ set the standard of true love by which we now should measure our ability to love. To “love our neighbor” is to love not only the person that might be easy for us to love, but to love our enemies, those who have harmed us, those who cannot repay us, and even those who quite possibly stand at the total opposite end of everything we believe. To love in these stretching ways is to “love our neighbor” and to truly love Christ.
Pepsi is giving away 1.3 million dollars each month to fund refreshing ideas that change the world. Brook Lane has applied for a $50,000 grant to fund expansion of services to autistic clients. The grant will provide specialized training for our staff, supplement the cost of services for those with limited resources and assist in securing materials and supplies needed for services.

On December 1, Brook Lane will know if our application has been accepted. Grants are awarded based on the number of votes that each grant request receives during the voting period, which will be the month of December. Pepsi accepts 1,000 grant requests for each voting cycle. There are four amount categories - $5,000, $25,000, $50,000 and $250,000 - and awards will be given to the top 10 vote getters in each category, except for the $250,000, where they will give only two awards. Brook Lane will only compete with the other grant requests in the $50,000 category. Our goal is to be in the top 10 in the $50,000 category.

We would like to create 5,000 votes a day for Brook Lane. To do this, we need your help. You can vote once a day – via online voting or via texting (standard rates apply).
FOR QUESTIONS, MORE SPECIFIC INFORMATION ABOUT AN ITEM, OR TO CONTRIBUTE TOWARD AN ITEM, CONTACT: KAY HOFFMAN, CFRE AT 301-733-0331 EXT. 272 OR kay.hoffman@brooklane.org.

ELECTRONICS, COMPUTER PROGRAMS & GAMES
• Flat Screen T.V.’s
• Wii controllers (ie: Tennis racket, steering wheel, microphone, Motion Plus)
• Wii Games
• Personal CD Players with headphones
• Puzzle books
• Portable radios
• iPods/MP3
• Decks of cards
• Nintendo DS handheld games: Elite Beat Agents Indiana Jones Tony Hawk American Skate Ultimate Spiderman Sonic Rush Bomber Man Yoshi’s Touch & Go Sponge Bob Square Pants The Yellow Avenger Kirby’s Canvas Curse Wario Ware Touched Metroid Prime Pinball Zoo Keeper
• Xbox 360 games (e rated)

CHRISTMAS ITEMS
• Gingerbread house kits
• Cookie baking supplies: pans molds decorating tips & bags icing colors
• Christmas craft kits for teenage girls

CRAFTS
• Crayons
• Markers
• Colored pencils
• Beading & jewelry supplies
• Colored paper
• Gel pens
• Scrapbooking supplies
• Small wood crafts

ENTERTAINMENT, RECREATION & SPORTS EQUIPMENT
Gift Certificates and/or donation of services for the following:
• Nail and Hair Care Services
• Bowling
• Roller Skating
• Movies
• Funcastle Family Center (Greencastle, PA)
• Chuck E Cheese
• Restaurant Gift Certificates
• White Tail Ski Resort Tubing
• Exercise DVD’s

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EDUCATION AND SCHOOL SUPPLIES

- Magazine subscriptions:
  National Geographic
  Newsweek
  Science
  Crafting
  Sports, etc.
- Coloring/Activity books
- Learning toys (Pre-K through 2nd grade levels)
- Art Supplies:
  poster board
  color paper
  glitter glue
  sketch books
drawing pencils and paper
  paint brushes
  Sculpey Clay
  Crayola Model Magic, etc.
- Journals (no wire)
- Book store gift cards

BOYS ITEMS

- Socks (men’s S-L)
- Underwear (kids 10-18, boxers 26-34)
- PJ (sizes kids S to XL, juniors/men’s XS to M)
- Jeans (kids 8-16)
- Shoes and boots (size 3-7 youth, 5-10 men’s)
- Sweat suits (adult S to XXL)

MISCELLANEOUS ITEMS

- Hair products:
  Olive Oil Hair Products
  combs
  brushes
  hair head bands
  ponytail holders
  flat irons
curling irons
  blow dryers
- Hygiene articles:
  body wash/spray
  lotion
  deodorant
- Fleece Blankets
- Body Pillows

GIRLS ITEMS

- Socks (women S-L)
- Underwear (women's S-XXL)
- PJ (sizes kids XL, women's S to XXL)
- Jeans (women’s S to XXL)
- Shoes and boots (size 6-11 womens)
- Sweat suits (adult S to XXL)
Coming Soon . . . Senior Adult Partial Hospitalization Program

By Jason Allen, Director of Patient Care Services

At Brook Lane, we are always challenged to respond to the mental health needs of the community with a creative use of our resources. We have seen such an opportunity with older adults in need of treatment, and are excited to have the clinical and physical resources to respond to this need. This has led to developing a Partial Hospitalization Program (PHP) for individuals age sixty or older, for someone in crisis to either avoid or shorten a stay in the hospital. We anticipate opening the new PHP in January, 2011.

We recognize that many people in crisis are apprehensive about seeking treatment, and being away from home can increase this stress. PHP offers intensive, psychotherapeutic treatment in a less restrictive setting than inpatient care. This program allows the patient to attend a structured therapeutic program during the day and return home in the evening.

Upon admission to the PHP, individuals will receive a thorough assessment of their psychiatric and behavioral needs. Personalized treatment plans may include individual, group, and family therapy as well as medication management and education. The program’s groups will be focus-driven to help patients cope with anxiety, depression, and issues of daily life. Multi-disciplinary treatment team meetings will be routinely held to review and modify the treatment plans. At discharge, patients will leave with a plan for continued care in their community.

Reminiscent of the Fieldstone Program for older adults from our past, the Senior Adult PHP will also use our “barn” to run this program. Renovations to this older building have resulted in a warm union of older architecture with newer amenities, giving the new program a new look. This Monday through Friday program will run from 9:00 a.m. to 3:30 p.m. Assistance begins by contacting the Admissions Office 301-733-0330 or 800-342-2992.
Brook Lane at Frederick opened in late August at 5300 Westview Drive, Suite 108, in Frederick, Maryland. The location is off Crestwood Drive across the street from the Westview Shopping Center. Driving directions are available on our website.

There has been an increased demand for outpatient services in the Frederick community. In addition to hiring more therapists to meet the need, the new location allows us to accommodate our clients in a secure, confidential and comfortable setting.

Brook Lane at Frederick is open for business Monday – Friday 8:00 a.m. – 6:00 p.m. The contact phone number is 301-733-0330. New referrals and appointments are arranged by calling the Admissions Office. Brook Lane works with most insurances. Our Clinical Staff at Brook Lane at Frederick includes Angela Dumitrache, M.D.; Lynn Dutrow, LCPC; Gaye Shelly, LCPC; Susan Corley, LCSW-C; Danielle Reeves, LGPC; Kim Seicke, LCPC, CAC; and Sarah Forrest, LCSW-C.

We look forward to being of greater service to the Frederick community.
United Way’s annual Day of Caring mobilizes hundreds of volunteers to perform a variety of service projects at not-for-profits throughout Washington County. This year the Moms Club of Hagerstown visited Brook Lane to work in the flower beds. Armed with shovels, rakes, spades and buckets, the groups of mothers, along with their children, attacked the flower bed near the Community Room. The flower beds had many tiger lilies that needed to be uprooted, separated and replanted. The bonus of the project was that they took home the excess flowers to plant in their own gardens.

The Brook Lane project was just one of sixty projects done on October 22 in Washington County by volunteers. Other projects included assisting elderly homeowners with repairs, cleaning, painting, making deliveries, and sorting food. Thank you Moms Club of Hagerstown and to all the other volunteers who assisted with the Day of Caring.
Leadership Pitfalls

By Pastor Ron Shank

The story is told of a farmer’s donkey that one day fell down into a well. The animal cried piteously for hours as the farmer tried to figure out a way to get him out. Finally the farmer decided it was probably impossible. The animal was old and the well was dry anyway, so it just wasn’t worth it to try and retrieve the donkey. So the farmer asked his neighbors to come over and help him cover up the well. They all grabbed shovels and began to shovel dirt into the well.

At first, when the donkey realized what was happening, he cried horribly. Then, to everyone’s amazement, he quieted down and let out some happy brays. A few shovel loads later, the farmer looked down the well to see what was happening and was astonished at what he saw. With every shovel of dirt that hit his back, the donkey was shaking it off and taking a step up. As the farmer’s neighbors continued to shovel dirt on top of the animal, he continued to shake it off and take a step up.

Pretty soon, to everyone’s amazement, the donkey stepped up over the edge of the well and trotted off!

Moral: Life is going to shovel dirt on you. The trick to getting out of the well is to shake it off and take a step up. Every adversity can be turned into a stepping stone. The way to get out of the deepest well is by never giving up but by shaking yourself off and taking a step up.

What happens to you isn’t nearly as important as how you react to it.

We must remember that every pastor or leader at sometime will feel that he or she is at the bottom of the well. Maybe the donkey comparison isn’t too flattering, but who of us when in the pit with dirt falling on our backs doesn’t pray that we would be able to rise above the current situation?

What are some of the pitfalls we face as pastors and leaders?

Disappointment – There are moments when no matter how hard we and those we lead work toward a goal, things simply don’t turn out as we

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Pastor's Corner

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had hoped. We don’t get the response or the result we’ve expected. Disappointment can become a deep dark hole zapping creativity and momentum.

Frustration – Others who don’t embrace our vision, who let us down, who fail to keep their promises, or who fail to pull their own weight leads to our frustration. Scripture even reveals to us times when a leader can get frustrated with God.

Failure – Other times we wish we could run and hide or find somebody else to take the fall for what we’ve done, but there is no escaping the fact that we dug our own pit. We are human and we fall short either out of weakness or biting off more than we can successfully accomplish. We have failed not only ourselves and at times our congregations, but more importantly our God.

Loneliness – There is a terrible loneliness to leadership. It is the loneliness of having to make decisions that affect the lives of other people. It is the loneliness that comes when a pastor finds themselves deserted not only by their followers but also by their closest friends. Jesus experienced this in the Garden of Gethsemane (Mark 14:32-42). Paul expressed this feeling as well in 2 Timothy 1:15 when he said “everyone in the province of Asia has deserted me.” Even in a crowd, a pastor or leader can feel very much alone.

So how does a pastor or leader get out of the well?

To become discouraged literally means “to lose one’s heart.” It is to be separated from that strength of will, that driving spirit. A discouraged person is spiritually “weary” to the point that he or she no longer feels the capacity for “doing good” (Galatians 6:9). Recovering one’s heart (courage) requires taking active steps and with God’s grace, it can rise again.

Dare to Cry for Help – We truly cannot overcome this by ourselves. We need God, close friends, a fellow pastor, counselor, and at times a medical professional to help us get out of the pit.

Continued on page 15
Make Real Community a Commitment – at the lowest point of his life as a leader, Elijah said, “I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, broken down your altars, and put your prophets to death with the sword. I am the only one left.” (1 Kings 19:10) God’s response to Elijah is very instructive. He restored a framework of community for this lonely leader. First, God showed Himself to Elijah to remind him that he was not really alone. Second, He made Elijah aware of seven thousand others still devoted to the cause of God. And finally, God called Elijah to train a successor. Discouragement feeds on isolation. We must have vital relationships with God and those around us.

Make Faithfulness Your Highest Goal – The Living Bible translation of Galatians 6:9 reads: “Let us not get tired of doing what is right, for after awhile we will reap a harvest of blessings if we don’t get discouraged and give up.” Faithfulness leads to fruitfulness and practice leads to produce, but God alone is Lord of the harvest’s timing. We as pastors and leaders must practice a lifestyle of long-term obedience.

Jesus never said that the journey of leadership would not involve some trials, quite the contrary (see John 16:33). But He told us that He would be with us always (Matthew 28:20). He promised that He would provide the power needed to fulfill our mission (Acts 1:8). He guaranteed us that every investment we made in His Kingdom would certainly last and pay off (Matthew 19:29). And Jesus assured us that if we kept placing our faith in Him, one step at a time, there would be nothing that could finally bury us.

“Therefore, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before Him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.” (Hebrews 12: 1-2)

This is the high and humble call Christ issues to His pastors, His leading disciples. And this call, Christ himself has issued to you.
Pastors at Brook Lane

By Pastor Ron Shank

Pastors, you are welcome at Brook Lane. Many patients really enjoy having their pastor visit them. Visiting hours at the hospital are 6:30 p.m. - 8:30 p.m. daily. If you need to visit at another time, you may by calling the nurses’ station for an appointment. The need for confidentiality requires that we ask for a patient’s ID number before we offer any information. If you need any help on these or other matters regarding Brook Lane, please give me a call at 301-733-0331 ext. 136.

Brook Lane’s Offerings to You as a Pastor:

1. Support to pastors in crisis (on an occasional basis or as many as five sessions without charge to you).
2. Five sessions without charge to members of a pastor’s family.
3. Consultation on matters of church and ministry.
4. Referral information regarding Brook Lane or other services you or members of your family, staff, or congregation may need.
5. Assistance with ministering to members of your congregation who may be patients at Brook Lane.
6. Confidentiality in all the above.
7. Pulpit supply or teaching at your church as time allows.
In the Community

Brook Lane Represented at Church Conferences

On September 17, 2010, Curt Miller, Director of Public Relations, shared a verbal report about Brook Lane with members of the Southern District of Pennsylvania Church of the Brethren at their District Conference. The event was held at Black Rock Church of the Brethren near Glenville, Pennsylvania.

The Franklin Mennonite Conference held its Annual Meeting on October 3, 2010, at Salem Ridge Community Church near Greencastle, Pennsylvania. Brook Lane had a display and literature available for attendees.

Brook Lane was represented at the Mid Atlantic Church of the Brethren’s District Conference held October 8-9, 2010, at the Manassas Church of the Brethren in Manassas, Virginia. The Brook Lane display and materials were available for participants.

Western Maryland Guidance Conference

Curt Miller, Director of Public Relations, attended the Western Maryland Guidance Conference September 22-24, 2010, at McHenry, Maryland. School Guidance Counselors and Pupil Personnel Workers from Carroll, Frederick, Washington, Allegany, and Garrett Counties attended the event. Brook Lane shared information about the many programs available for students in the western Maryland region and has helped sponsor the event for many years.

Maryland Dietary Managers Association Conference

Sue Graff, RN, BSN, Infection Preventionist, spoke at the Maryland Dietary Managers Association annual conference in Ocean City, Maryland, on October 4, 2010, on the topic of “Infection Control Update.” This is the third consecutive year that she has been asked to be a presenter for this conference.

Presentation for West Hagerstown Lions Club

On October 4, 2010, Curt Miller, Director of Public Relations, spoke at the West Hagerstown Lions Club. The topic was an “Overview of Brook Lane’s Services and Programs.”
Maryland Association of Resources for Families and Youth Conference

The Maryland Association of Resources for Families and Youth (MARFY) held a conference at the Clarion Conference Center in Hagerstown, Maryland, on October 6-8, 2010. Ralph Hertges, Director of Residential Services, also the President of MARFY, and Stephanie Paul, Admissions Coordinator, shared a Stone Bridge and Brook Lane Display with materials for the participants. Sue Graff, RN, BSN, Director of Staff Development, and Sharon Gladfelter, RHIT, Risk Manager, were presenters at the conference. Sue spoke on the topic, “Crisis Identification and Intervention” and Sharon presented, “Write It Right,” focusing on proper documentation. Both speakers received excellent evaluations.

Washington County CARES Conference

Brook Lane helped to sponsor a conference by the Washington County CARES group on October 28, 2010, held at the Robinwood Medical Center in Hagerstown. The topic was “Caring for the Caregiver.” Pastor Ron Shank, Director of Pastoral Care Services, was one of the presenters at the event.

Presentation for Grandparent’s Group

Melissa Jackson, LCSW-C, Outpatient Therapist, spoke to members of the Grandparent’s Support Group through the Washington County Commission on Aging. The presentation focused on “Understanding Depression” and was held on November 2, 2010.

Brook Lane at Health Expos

On November 6, 2010, Brook Lane participated in the second Annual Family Health Expo at the Fort Ritchie Community Center, Cascade Maryland. Curt Miller, Director of Public Relations, attended the event providing materials for the participants.

The Fort Detrick Community Health Expo was held on November 10, 2010, at Fort Detrick, Maryland. Brook Lane had a display and literature available for the attendees.
In the Community

Speakers Bureau Available

By Curt Miller, Editor

Brook Lane will provide speakers for groups, clubs, civic organizations, churches, etc. Presenters are available on a wide variety of mental health issues and Brook Lane in general or specific programs. You will find a listing of mental health topics below and our programs are listed on the back cover.

- Understanding ADHD (Attention Deficit Hyperactivity Disorder)
- Anxiety & Panic Attacks
- Assertiveness Training for Everyone
- Understanding Autism Disorders
- Bi-polar Disorder
- Bullying
- Crisis Intervention
- Understanding and Treating Depression
- Dealing with Difficult People
- Eating Disorders
- Gambling
- Getting Through Grief
- The Importance of Marriage and Family Counseling
- Obsessive Compulsive Disorder
- Understanding Oppositional Defiant Disorder
- Positive Parenting
- Post Traumatic Stress Disorder
- Using Relaxation Therapy
- School Issues
- Understanding Self-Injurious Behaviors
- Spiritual/Religious Issues in Mental Health
- Tourette’s Syndrome
- Surviving Trauma
- Women’s Issues in Mental Health

To request a speaker, discuss a presentation or arrange a campus tour, contact Curt Miller, Director of Public Relations 301-733-0331 ext. 228 or curt.miller@brooklane.org.
It was Christmas 1961. President and Mrs. Kennedy enjoyed their first White House Christmas tree in the Blue Room. Downtowns all over the United States were busy with shoppers checking off their Christmas lists. A gallon of gas cost 27 cents, the average price for a new car was $2,850 and a new house cost about $12,500. Shiny new cars and cozy homes were still dreams for many families.

At Brook Lane Farm Hospital staff members and Voluntary Service workers (VSers) were busy rehearsing for the Christmas Play in the photo above. They gave two performances to accommodate everyone from patients to staff in the auditorium/gym on the upper level of the Barn. The Christmas drama was one of many events that were organized to celebrate the season. Newsletters from the time reference a special dinner in the dining room with the tables arranged in a star pattern. Staff living off-grounds hosted social gatherings for employees and VSers living on grounds; many of these young people were far from home and family for the holidays.

We are thankful to Larry and Mary Lou Roth of Wayland, Iowa, for sharing the photo above from their collection.

Do you have a Brook Lane photo or slides that you'd like to share? If so, contact Curt Miller at 301-733-0331 ext. 228 or email curt.miller@brooklane.org.
Volunteer Pat Halladay received the 2010 Distinguished Volunteer award from the Western Maryland Chapter of the Association of Fundraising Professionals. Pat was among 15 fundraising volunteers honored at the National Philanthropy Day luncheon held at Dutch's Daughter Restaurant in Frederick. A volunteer for Brook Lane's Scoops & Wickets Family Day, Pat has chaired the sponsorship committee, worked during the day of the event and has assisted with the creation of The Wicket Affair Garden Party. Thank you Pat for all that you do for Brook Lane.

May the promise of that special star over Bethlehem shine its blessings in your heart this Christmas season and always.
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