



35th Annual Child Welfare Workshop



OUR CHILDREN
OUR COMMUNITY

Date & Time

Tuesday, April 15, 2025

8:15 am - 3:30 pm

7:15 - 8:15am Check-in, Continental
Breakfast, Networking Exhibit

Cost

\$85.00

includes breakfast, lunch, and
5.5 CEUs

Location

The Maryland Theatre
21 S Potomac St
Hagerstown, MD 21740

Contact

Nettie Blowers
nettie.blowers@brooklane.org
301-733-0331 x1228

The 2025 Child Welfare Workshop Planning Committee and Brook Lane invites you to join us for this informative day of learning and networking with your colleagues. This year, the workshop will offer 10 different topics, specifically chosen and designed to provide current, practical and meaningful information to help individuals better serve "Our Children in Our Community." Those who attend the full workshop will be eligible to receive a certificate of completion for 5.5 educational/continuing educational units (CEUs) for the disciplines listed below. No partial credit can be awarded.

Continuing Education Credits

Maryland Social Workers:

Brook Lane is authorized by the Board of Social Work in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this Program. This training qualifies for Category 1 continuing education units and provides 3.0 credit hours; partial credit will not be awarded.

Counselors/Therapists:

Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 3 clock hours; partial credit will not be awarded.



Maryland Psychologists:

The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the State Board of Social Worker Examiners in Maryland; partial credit will not be awarded.

Other Professionals: A certificate of completion noting the number of educational contact hours will be provided.

To register, visit the
Brook Lane website
Events page

Questions?

301-733-0331 x1228 or
nettie.blowers@brooklane.org



Fee: \$ 85

Includes: Continental Breakfast, Lunch, 5.5 CEUs for those who complete 100% of the workshop and validated garage parking (bring parking ticket with you)

Child Welfare Workshop is sponsored by Brook Lane-Meritus and the 2025 CWW Planning Committee: Cedar Ridge Children's Home, The Mental Health Center of Western Maryland, Washington County Department of Social Services, Washington County Health Department, Washington County Mental Health Authority, Washington County Public Schools

Child Welfare Workshop Agenda - Tuesday, April 15, 2025

Theatre

7:15am -
8:15am

Check-in, Continental Breakfast, Exhibit Area Open, Networking

8:15am -
8:30am

Workshop Begins with Opening Remarks

**** Check-in desk will close at 8:30 am ****

Attendees must be on time and attend 100% to receive a certificate and CEUs

Understanding & Addressing the Complex Web of Childhood Abuse and Traumas

Understanding Yourself and Others through the Lens of Trauma, Dignity, and Adaptation

This CE will address the following questions:

- What really is informed trauma care? What does it mean for me professionally and personally?
- Isn't this just about being extra sensitive in working with all children because some might have trauma in their history?
- What's the difference between traumatic events and adverse childhood experiences? How can Adverse Childhood Experiences compare to extreme traumatic events?
- Do childhood diagnoses "cover up" what is a normal, human response to trauma?
- How do we show respect and dignity to children who are distressed and/or disruptive?
- Are all behaviors adaptive?

Learning Objectives: Participants will be able to

- Explain the differences and similarities between ACES and Trauma.
- Describe how the body keeps score of ACES and Trauma.
- Identify three (3) ways childhood trauma can mimic psychological disorders.
- List three (3) ways that the concept of dignity applies to children with trauma.

Featuring: Harvey Payne, Psy.D. grew up in Hagerstown, MD and has over 40 years of experience in behavioral health, specializing in services for children and adolescents. He has worked as a provider, administrator, and consultant in Washington County Maryland, and Franklin County Pennsylvania, and internationally. Currently, he is VP of Academic Affairs for Digital Learning at Divine Mercy University.

Choosing Sessions

Following the Keynote Presentation you will have the opportunity to choose between three sessions within three different tracks (see right). Make your selections online or the last page of the Workshop Registration Form or in the

Track 1: 10:15am - 11:45am
Choose from Sessions: A B C

Track 2: 12:45pm - 2:00pm
Choose from Sessions: D E F

Track 3: 2:15pm - 3:30pm
Choose from Sessions: G H I

**For Convenient
Online Registration:**



Child Welfare Workshop



BROOK LANE

Hope • Healing • Recovery

an affiliate of
Mentus
Health



Child Welfare Workshop Agenda - Tuesday, April 15, 2025



Breakouts - Track 1

Session A

10:15am -
11:45am

A Taste of Trauma: An Intro to Trauma Informed Care

Fred Edell, LCPC, holds a Master's in Theology and integrates faith into his counseling. Specializing in trauma, mood and anxiety disorders, ADHD, and OCD, he works with individuals, families, and groups. He is a Certified Trauma-Focused CBT practitioner and an Approved Supervisor in Maryland.

Course Description: An Invitation to an Introduction for Reflection With Recommended Excursions.

To evoke awareness, empathy for those who are traumatized and interest in causes, effects, healing and recovery in the context of our work and relationships

Learning Objectives:

- Explore an Overview of some primary concepts
- Explore references and resources for excursions (post training invitations) that can further introduce, stimulate, deepen and enrich awareness of trauma that has a conversation with and supports continued development of trauma informed practice
- Be challenged to develop, correlate and integrate approaches overviewed in your own highly unique creative eclectic and valuable practice for these unprecedented, troubled times and be inspired to be a catalyst for others.

Session B

10:15am -
11:45am

Implicit Bias: Working with Students (Cultural)

Dr. Jennifer Kelman, LCSW, is a mental health professional, certified life coach, and children's book author. She holds an MSW from NYU and has practiced in New York and Florida. A sought-after speaker, she lectures nationwide on eating disorders, body image, relationships, and parenting.

Description: Research shows implicit bias affects student outcomes in areas like discipline, grading, and achievement expectations. This workshop explores how bias manifests in education and provides strategies for recognition and reduction. Participants will engage in self-reflection and leave with practical tools to promote more inclusive, equitable learning environments.

Learning Objectives:

- Define, explain and identify the origin of implicit bias.
- Examine how implicit bias may inform and shape teaching and educational practices and contribute to less favorable outcomes for some children and youth.
- Enhance awareness of personal biases through critical self-reflection, shared experiences, and tools for uncovering bias.
- Develop actionable strategies to combat implicit bias as instructors in educational settings.

Session C

10:15am -
11:45am

Inclusive Futures: Effective approaches for Supporting Young People with Autism

Sarah Bendekovits, PhD, BCBA-D, LBA, is the Clinical Director of ABA Services for Washington County, MD, and parts of WV. She began as a behavior technician in 2018, became a BCBA in 2021, and earned her PhD in 2024. Passionate about mentorship and skill generalization, she supervises BCBAs and advocates for client success in less restrictive environments.

An overview of Autism Spectrum Disorder (ASD), including key characteristics, challenges, and strengths.

Learn about Applied Behavior Analysis (ABA), its core principles, and strategies for supporting individuals with ASD in various settings using evidence-based interventions.

Learning Objectives:

- Identify common characteristics of individuals with autism spectrum disorder
- Identify each component of the three-term contingency used in applied behavior analysis
- Identify types of antecedent and consequence variables
- Identify the four functions of behavior
- Describe how to pair yourself with reinforcement

11:45am -
12:45pm

Complimentary Lunch Served in the Grand Lobby

Dining space available on the Theatre Stage area and 4th Floor Ballroom

Vendor Exhibits Open, Networking



Child Welfare Workshop Agenda - Tuesday, April 15, 2025

Breakouts - Track 1

ADHD Toolkit: Fun, Practical and Evidenced Based Interventions for Children and Teens

Jennifer Lowery, MEd, LCPC, Clinical Director at Innovative Therapeutic Services, bringing nearly 30 years of experience in mental health.

Ashley Rooney, LCPC-NCC, a lead Clinician at Innovative Therapeutic Services' Hagerstown office, Ashley Rooney specializes in working with children and adolescents.

This workshop will focus on evidence-based therapeutic interventions and tools that can be used to enhance the overall functioning of children and adolescents with ADHD and other challenging behaviors in both home and school settings. Participants should be prepared for active engagement, as this workshop will be interactive and experiential. Resources applicable to daily work will be provided.

Session D

12:45pm -
2:00pm

Learning Objectives:

- Understand and Define Symptoms of ADHD
- Navigate the ADHD Diagnostic Process
- Develop Strategies for Managing Impulsivity
- Facilitate Emotional Regulation Skills
- Recognize and Address Risky Behaviors in Adolescents with ADHD
- Support Families through Education and Resources

Improving Student Behavior: Mental Health Services in School

Diamond Carr, PhD is a nationally certified school psychologist with experience from preschool to 12th grade. She provides assessments, counseling, consultation, and professional development, focusing on system-wide support for students and staff.

Session E

12:45pm -
2:00pm

This presentation explains the functions of behavior and the basics of behavioral planning for students, including strategies to promote positive student behavior and case examples for participants to practice what they have learned.

Learning Objectives:

- Identify the functions of behavior.
- Describe the basics of behavioral planning for students.
- Implement strategies to promote positive behavior.

Turning Trauma Around: Transforming Negative Experiences into Personal Growth, Healing and Resilience

Samantha Reaves PhD is a community-clinical psychologist focused on enhancing school policies for student socioemotional well-being. She integrates research and clinical experience to improve mental health and education outcomes, especially in underserved communities.

Session F

12:45pm -
2:00pm

This presentation describes trauma and the concepts of resilience, a healing-centered approach, and post-traumatic growth. Using these concepts, participants will learn strategies to promote wellness and consider how they may be applied in practice.

Learning Objectives:

- Explain the concept of trauma and some of its effects on youth.
- Describe ways to move beyond trauma to foster youth's well-being.
- Implement supportive strategies when working with youth who have experienced trauma.



Child Welfare Workshop Agenda - Tuesday, April 15, 2025

Breakouts - Track 1

Session G

2:15pm -
3:30pm

Youth & Addiction: Exploring Trends, Human Development, Co-Morbidity and Treatment Modalities

Renee Smucker, PhD, is a licensed psychologist and founder of the Maryland Parent Child Clinic, LLC. Specializing in complex behavior, anxiety, Selective Mutism, and toileting issues, she is a certified PCIT therapist and trainer with extensive experience in child and family therapy.

Description: This presentation will review various complex behaviors that children exhibit and some of the associated diagnoses. It will also review evidence-based treatments utilized to treat these behaviors along with specific components of these treatments.

Learning Objectives:

- Describe select diagnoses associated with complex behaviors in children.
- Describe select evidence-based treatments to address complex behaviors in children.
- List key components of these treatments, including how they are similar and different.

Session H

2:15pm -
3:30pm

Navigating the Digital Age: Social Media's Impact on Young Minds (could include suicidal ideations)

Susan Corley, LCSW-C, a psychotherapist at Silver Psychotherapy in Frederick, Maryland, providing individual, family, and group therapy. With over 30 years of experience across inpatient, residential, PHP, and outpatient settings, she specializes in eating disorders, anxiety, autism, adolescent concerns, and women's issues, providing care for individuals of all ages.

Description: This session explores the impact of social media on children and adolescents, highlighting both its benefits and risks during crucial stages of brain, identity, and social development. Topics will include vulnerabilities of the young brain, the psychological and behavioral effects of social media, and strategies for therapists and parents to promote healthier media use.

Learning Objectives:

- Identify impacts of social media on and digital electronics on children and adolescents
- Explain the brain vulnerabilities of the child and adolescent brain to the influence of social media
- Identify potential mental health impacts from use of social media
- Identify Problematic Use.
- Use intervention strategies to mitigate negative effects of social media use.
- Teach best practices for media use.

Session I

2:15pm -
3:30pm

Empowering Youth to Cultivate and Build Healthy Relationships

Understanding Yourself and Others through the Lens of Trauma, Dignity, and Adaptation

Kelsey Green, LCSW-C, supporting children, youth, and families in Washington County since 2013, she holds a master's in social work and is the part-time Youth Prevention Advocate for CASA, Inc., focusing on teen dating violence and relationship dynamics.

Sarah Gann, began her human services career in 2022 and now serves as the Medical Navigator for CASA, Inc. within Meritus Health's Forensic Nurse Program, supporting survivors of IPV, sexual assault, and sex trafficking. Sarah is working toward her M.A. in Forensic Psychology and LCPC licensure.

Description: This course explores strategies to help adolescents build healthy relationships, recognize risks, and navigate challenges like digital interactions and peer influence. With 1 in 12 youth experiencing dating violence annually (CDC), attendees will learn to identify warning signs, provide support, and advocate for young people.

Learning Objectives: Participants will be able to

- Identify characteristics of unhealthy and healthy relationships in youth
- Identify known risk factors and consequences of unhealthy relationships in youth
- Identify strategies to build healthy relationships in youth
- Identify unique and dynamics characteristics to youth relationships

Child Welfare Workshop Registration Form



Date & Time

Tuesday, April 15, 2025
8:15am - 3:30pm
Sign-in 7:15-8:15am



Location

The Maryland Theatre
21 S Potomac St
Hagerstown, MD 21740



Cost

\$85.00
Includes 5.5 CEUs



Contact

Nettie Blowers
nettie.blowers@brooklane.org
301-733-0331 x1228

PLEASE PRINT CLEARLY

First Name: _____ Last Name: _____

Email (*required): _____ How long have you worked with youth? _____ years

Address: _____

City: _____ State: _____ Zip: _____

Contact Phone #: _____

Discipline: ☐ Social Worker ☐ Counselor ☐ LCPC ☐ Psychologist ☐ Case Manager/Social Service Provider
☐ School Counselor ☐ Educator (Pre-K - 12) ☐ Child Care/Preschool ☐ Other _____

Boxed Lunch Selection: (please select one)

Sandwich or Salad ☐ Ham & Cheese Sandwich ☐ Turkey & Cheese Sandwich
☐ Grilled Chicken Caesar Salad ☐ Garden Salad

Dietary Restrictions: email Nettie Blowers nettie.blowers@brooklane.org

Track 1 10:15am - 11:45am ☐ A ☐ B ☐ C

Track 2 12:45pm - 2:00pm ☐ D ☐ E ☐ F

Track 3 2:15pm - 3:30pm ☐ G ☐ H ☐ I

Parking: On-street parking, nearby parking garages: one block from Theatre at 25 N Potomac Street; another across from the Theatre accessed from the alley at 25 Renaissance Way. Garage parking will be validated.
www.hagerstownmd.org/283/Parking-Locations-Map

PAYMENT INFORMATION

Payment Method: ☐ Credit Card ☐ Check #: _____ (Make checks payable to Brook Lane)

Cardholder Name: _____

Cardholder Address (if different than above): _____

Account No: _____ Expiration Date: _____

Cardholder Signature: _____ CVV Code: _____

TO REGISTER:

Visit www.brooklane.org
Events page or scan below



CANCELLATION POLICY:

A \$15.00 processing fee applies to all cancellations. To receive a refund, cancellations must be made in writing no later than 5:00pm Tuesday, April 1, 2025. No refunds will be made after that date or for no-shows on the day of the Child Welfare Workshop

Awarding of Certificates/CEUs: To

receive a certificate of completion for 5.5 educational (CEU), hours attendees must arrive on time and complete 100% of the workshop. Certificates will be awarded at 3:30pm